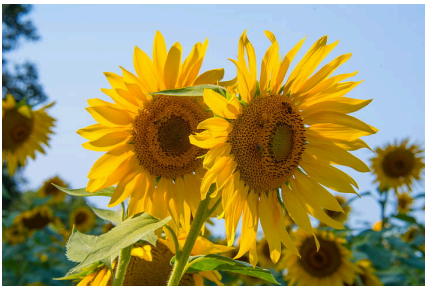


September 2026 Activities

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
KEY: GC - Garden Courtyard GLAR - Garden Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room		KEY: AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Room		1 Giving Table AR 10:00 BUS Trader Joes/Michaels 9:30 Library Committee PDR 1:00 GARDEN LEVEL CHAT & FUN GLAR 1:30 Zentangles OR 1:30 Blood Pressure Check WC 2:00 BUS Scenic Drive 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR		2 Giving Table AR 9:15 Yoga w/Neal GLAR 10:30 BUS Daisy Consignment Store 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 BUS Scenic Drive 2:30 Managers Forum OR 7:00 BINGO OR		3 Giving Table AR 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 10:30 BUS Seymour Long Marine Lab & Picnic Lunch 11:00 Grief Support CH 11:00 Pool Playing Group C3 2:00 BUS Scenic Drive 2:00 Painting Class OR 3:00 Rotunda Happy Hour		4 9:15 Yoga w/Neal GLAR 10:00 BUS Whole Foods/CVS 10:45 Annette's Fitness OR 1:30 Pinochle - GL Lobby C elevator 1:30 Ellen & Glenn Sing Along GC 2:00 BUS Scenic Drive 3:00 Alison Grooves OR 7:15 Weekend Movie OR		5 10:00 BUS Scenic Drive 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 Alison's DANCE Troupe OR 2:00 BUS Scenic Drive 4:00 Catholic Mass OR 7:15 Weekend Movie OR	
6 9:00 Qi Gong VIDEO OR 10:30 Yoga / Neal OR 10:00 BUS Whale City Bakery 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:00 BUS Scenic Drive 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP		7 Labor Day 9:15 Yoga w/Neal GLAR 9:30 Men's Support CH 10:00 BUS Scenic Drive 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Election Presentation OR 2:00 BUS Trader Joes/Michaels 7:15 Current Events Discussion OR		8 No BUS in AM due to CHP inspection 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Johnny Fabulous OR 1:30 Blood Pressure Check WC 2:00 BUS Nob Hill & CVS 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR		9 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 Joe Ferrara OR 1:30 - 4pm Hearing Aid Check WC 2:00 BUS Santa Cruz Wharf 7:00 BINGO OR		10 All Day Susan Massages WC 10:30 BUS: HENRY COWELL REDWOODS BBQ 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2:00 Painting Class OR 3:00 Rotunda Happy Hour		11 9:15 Yoga w/Neal GLAR 10:00 BUS Shopping Downtown 10:45 Annette's Fitness OR 1:30 Pinochle - GL Lobby C elevator 2:00 BUS Scenic Drive 3:00 Jewish Cultural Club CH 3:30 Philosophical Explorations OR 7:15 Weekend Movie OR		12 10:00 BUS Capitola Library 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 VIRGINIA SINGS OR 2:00 BUS Scenic Drive 4:00 Catholic Mass OR 7:15 Weekend Movie OR	
13 9:00 Justin's Qi Gong OR 10:00 BUS COSTCO! 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Justin's Music GLAR 2:00 BUS Marshalls 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP		14 9:15 Yoga w/Neal GLAR 9:30 Men's Support CH 10:00 BUS Safeway 10:45 Annette's Fitness OR 2:00 Mark Levy Performs Songs of Repentance OR 2:00 Meditation CH 2:00 BUS Scenic Drive 7:15 Current Events Discussion OR		15 10:30 BUS Daisy Consignment 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Zentangles OR 1:30 Blood Pressure Check WC 2:00 BUS Scenic Drive 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR		16 9:15 Yoga w/Neal GLAR 10:00 BUS Trader Joes/Michaels 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 BUS SC County Fair 7:00 BINGO OR		17 All Day Susan Massages WC 10:30 BUS Gizdich Ranch 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 2:00 BUS Scenic Drive 2:00 Painting Class OR 3:00 Rotunda Happy Hour		18 9:15 Yoga w/Neal GLAR 10:00 BUS Alladin Nursery 10:45 Annette's Fitness OR 1:30 Pinochle - GL Lobby C elevator 1:30 Ellen & Glenn Sing Along GC 2:00 BUS Hidden Beach Walk 3:00 Alison Grooves OR 7:15 Weekend Movie OR		19 10:00 BUS Bookshop Santa Cruz 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Scenic Drive 2:00 Kip Allert Performs! OR 4:00 Catholic Mass OR 7:15 Weekend Movie OR	
20 9:00 Justin's Qi Gong OR 10:00 BUS Seascape Walk 10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:00 BUS Nob Hill & CVS 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP		21 9:15 Yoga w/Neal GLAR 9:30 Men's Support CH 10:00 BUS Corralitos Meat Mkt 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:30 Riley & Dan Perform OR 2:00 Meditation CH 2:00 BUS Scenic Drive 7:15 Current Events Discussion OR		22 10:00 BUS Scenic Drive 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Blood Pressure Check WC 2:00 KALDEN SOUND HEALING OR 2:00 BUS Trader Joes/Michaels 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR		23 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 La Ti Do OR 2:00 BUS Safeway 7:00 BINGO OR		24 All Day Susan Massages WC 10:00 BUS: Ocean Therapy Ocean Boat Excursion Santa Cruz Harbor 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 2:00 BUS Scenic Drive 2:00 Painting Class OR 3:00 Rotunda Happy Hour		25 9:15 Yoga w/Neal GLAR 10:00 BUS Westlake Ducks 10:45 Annette's Fitness OR 1:30 Pinochle - GL Lobby C elevator 1:30 ELIZABETH PIANO OR 2:00 BUS Scenic Drive 3:30 Philosophical Explorations OR 7:15 Weekend Movie OR		26 10:00 BUS Whole Foods/CVS 10:00 MOSAIC Making TP 11:00 Tai Chi Movement OR 12:00 OLLI Music Group OR 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Target/Mall 4:00 Catholic Mass OR 7:15 Weekend Movie OR	
27 NO BUS TODAY 9:00 Justin's Qi Gong OR 10:30 Yoga with Neal OR 2:15 Weekend Movie OR All day Table Games AR		28 9:15 Yoga w/Neal GLAR 9:30 Men's Support CH 10:00 BUS Scenic Drive 10:45 Annette's Fitness OR 1-5PM MAKERS MARKET OR 1:00 Catholic Bible Study CH 2:00 Meditation CH 2:00 BUS Trader Joes/Michaels 7:15 Current Events Discussion OR		29 10:00 BUS Scenic Drive 11AM - 3PM VACCINE BOOSTER CLINIC 11:00 Tai Chi Movement TP 1:00 Rosary CH 1:30 Blood Pressure Check WC 2:00 BUS Dollar Tree/Target SV 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR		30 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 BUS Nob Hill & CVS 3:00 Resident Mixer OR 7:00 BINGO OR				NOTE! • Recycle Tuesdays • OAKS STORE Open 10:15-2:15 Wednesdays		NOTE! • New Events highlighted in Yellow • For 9/9 Hearing Aid Check, call 831-462-8260	