

+ August 2026 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY: GC - Garden Courtyard GLAR - Garden Level Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room	KEY: AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Rm	NOTE! - Recycle Tuesdays - OAKS STORE Open 10:15-2:15 Wednesdays - New Events highlighted in Yellow - For 8/12 Hearing Aid Check, call 831-462-8260				1 10:00 BUS Capitola Library 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 1:30 JUSTIN Sound Healing OR 2:00 BUS Scenic Drive 4:00 Catholic Mass OR 7:15 Weekend Movie OR
2 9:00 Qi Gong VIDEO OR 10:00 BUS Whale City Bakery 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:00 BUS Scenic Drive 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	3 9:30 Men's Support CH 10:00 BUS Scenic Drive 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 RETRO BAND OR 2:00 No Meditation 2:00 BUS Trader Joe's/Michaels 7:15 Current Events Discussion OR	4 9:30 Conversations GLAR 10:00 BUS Whole Foods/CVS 10:30 Resident Council Open OR 11:00 Tai Chi Movement TP 1:30 Zentangles OR 1:30 Blood Pressure Check WC 2:00 BUS Safeway 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR	5 10:00 BUS Gayle's Bakery 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 BUS Scenic Drive 2:30 Managers Forum OR 7:00 BINGO OR	6 All Day Susan Massages WC 9:30 BUS CABRILLO Music Festival Open Rehearsal: Hope as our Banner 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 2:00 Painting Class OR 3:00 Rotunda Happy Hour	7 10:00 BUS Shopping Downtown 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - GL Lobby C elevator 1:30 Ellen & Glenn Sing Along GC 2:00 BUS Scenic Drive 3:00 Alison Grooves OR 7:15 Weekend Movie OR	8 10:00 BUS Safeway 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Scenic Drive 4:00 Catholic Mass OR 7:15 Weekend Movie OR
9 9:00 Justin's Qi Gong OR 10:00 BUS Costco 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Justin's Music GLAR 2:00 BUS Marshalls 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	10 9:15 Yoga w/Neal GLAR 9:30 Men's Support CH 10:00 BUS Safeway SV 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation CH 2:00 BUS Scenic Drive 7:15 Current Events Discussion OR	11 10:00 BUS Trader Joe's/Michaels 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Blood Pressure Check WC 2:00 JIMMY PANETA OR 2:00 BUS Nob Hill & CVS 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR	12 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 Joe Ferrera OR 2:00 BUS Scenic Drive 1:30 - 4pm Hearing Aid Check WC 7:00 BINGO OR	13 All Day Susan Massages WC 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 10:30 BUS Henry Cowell & BBQ 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2:00 Painting Class OR 3:00 Rotunda Happy Hour	14 9:15 Yoga w/Neal GLAR 10:00 BUS Seascape Walk 10:45 Annette's Fitness OR 1:30 Pinochle - GL Lobby C elevator 1:30 LEMO Calypso & Book OR 2:00 BUS Scenic Drive 3:00 Jewish Cultural Club CH 3:30 Philosophical Explorations OR 7:15 Weekend Movie OR	15 10:00 BUS Bookshop Santa Cruz 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 Kip Allert Performs! OR 2:00 BUS Scenic Drive 4:00 Catholic Mass OR 7:15 Weekend Movie OR
16 9:00 Qi Gong VIDEO OR 10:00 BUS Seascape Walk 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:00 BUS Nob Hill/CVS 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	17 9:15 Yoga w/Neal GLAR 9:30 Men's Support CH 10:00 BUS Corralitos Meat Mkt 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:30 CARD MAKING OR 2:00 Meditation CH 2:00 BUS Scenic Drive 7:15 Current Events Discussion OR	18 10:00 BUS Capitola Mall 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Zentangles OR 1:30 Blood Pressure Check WC 2:00 BUS Trader Joe's/Michaels 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR	19 9:15 Yoga w/Neal GLAR 10:00 BUS Nob Hill & CVS 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Activity Forum OR 1:30 SCAM Prevention OR 2:30 BUS Santa Cruz Wharf 7:00 BINGO OR	20 All Day Susan Massages WC 10:30 BUS Natural Bridges State Park & Picnic Lunch 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 1-3pm Resident-run Couples TP 2:00 Painting Class OR 3:00 Rotunda Happy Hour	21 9:15 Yoga w/Neal GLAR 10:00 BUS Westlake Ducks 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - GL Lobby C elevator 1:30 Ellen & Glenn Sing Along GC 2:00 BUS Scenic Drive 3:00 Alison Grooves OR 7:15 Weekend Movie OR	22 11:00 Tai Chi Movement OR 10:00 BUS Porter Soquel Library 11:00 Ping Pong TP 12:00 OLLI music group OR 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Scenic Drive 4:00 Catholic Mass OR 7:15 Weekend Movie OR
23 9:00 Qi Gong VIDEO OR 10:00 BUS Whale City Bakery 10:30 Yoga with Neal OR 2:00 BUS Scenic Drive 2:15 Weekend Movie OR 30 9:00 Justin's Qi Gong OR 10:00 BUS Safeway 10:30 Yoga with Neal OR 1:00 Book Chats EXTRA with Dana Mackenzie's Books OR 2:00 BUS Scenic Drive 2:15 Weekend Movie OR	24 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:45 Annette's Fitness OR 2:00 Meditation CH 2:00 BUS Trader Joe's/Michaels 7:15 Current Events Discussion OR 31 9:15 Yoga w/Neal GLAR 10:00 BUS Nob Hill/CVS 10:45 Annette's Fitness OR 2:00 Justin's BEATLES OR 2:00 Meditation CH / 2:00 BUS Scenic / 7:15 Current Events OR	25 10:00 BUS Scenic Drive 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Blood Pressure Check WC 2:00 BUS Dollar Tree/Target SV 2:00 Jesus Bible Study CH 3:45 Erik's Ball Sports OR	26 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 DOWN MEMORY LANE OR 2:00 BUS Safeway 3:00 Resident Mixer OR 4:45 HAWAIIAN BUFFET Dining Room 7:00 BINGO OR	27 All Day Susan Massages WC 10:00 BUS Steinbeck & Lunch 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2-4 All Staff Mtg OR 2:00 Painting Class TP 3:00 Rotunda Happy Hour	28 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - GL Lobby C elevator 2:00 CHARLIE LINDNER OR 3:30 Philosophical Explorations OR 7:15 Weekend Movie OR	29 10:00 MOSAIC Making TP 10:00 BUS Whole Foods/CVS 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 Plateau Jazz Band GC 4:00 Catholic Mass OR 7:15 Weekend Movie OR