

Garden Level August 2026 Activities

| Sunday                                                                                                                                                                                                                                                                                                                                                                                                                 | Monday                                                                                                                                                                                                                                                                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                                                                    | Wednesday                                                                                                                                                                                                                                                                                                        | Thursday                                                                                                                                                                                                                                                                                                                                                             | Friday                                                                                                                                                                                                                                                                                                                                   | Saturday                                                                                                                                                                                                                                                                                                                |
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| <p><b>KEY:</b></p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Level Activity Rm</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p>                                                                                                                                                                                                                                                               | <p><b>KEY:</b></p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Rm</p>                                                                                                                                                                                                                                                                                                                                | <p><b>NOTE!</b></p> <ul style="list-style-type: none"><li>Recycle Tuesdays</li><li>OAKS STORE Open 10:15-2:15 Wednesdays</li><li>New Events highlighted in Yellow</li><li>For 8/12 Hearing Aid Check, call 831-462-8260</li></ul>                                                                          |                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                       | <p>1</p> <p>10:00 BUS Capitola Library</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>1:30 JUSTIN Sound Healing OR</p> <p>2:00 BUS Scenic Drive</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>                                                          |
| <p>2</p> <p>9:00 Qi Gong VIDEO OR</p> <p>10:00 BUS Whale City Bakery</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Book Chats CH</p> <p>2:00 BUS Scenic Drive</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p>                                                                                                                                                                                        | <p>3 9:15 NEAL on Vacation</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Scenic Drive</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Rummikub GLAR</p> <p>2:00 RETRO BAND OR</p> <p>2:00 No Meditation</p> <p>2:00 BUS Trader Joe's/Michaels</p> <p>7:15 Current Events Discussion OR</p>                                                                                                                                                               | <p>4 9:30 Conversations GLAR</p> <p>10:00 Library Committee PDR</p> <p>10:00 BUS Whole Foods/CVS</p> <p>10:30 Resident Council Mtg OR</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 Word Warp GLAR</p> <p>1:30 Zentangles OR</p> <p>2:00 Jesus Bible Study CH</p> <p>2:00 BUS Safeway/ 2:30 Ball GLAR</p> | <p>5</p> <p>9:15 NEAL on Vacation</p> <p>10:00 BUS Gayle's Bakery</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Bingo GLAR</p> <p>2:00 BUS Scenic Drive</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p>                                                                   | <p>6 All Day Susan Massages WC</p> <p>9:30 CABRILLO Open Rehearsal</p> <p>10:00 Grief Support GLAR</p> <p>10:00 Linda's Swing &amp; Sway OR</p> <p>10:00 Meditation CH</p> <p>11:00 Grief Support CH</p> <p>2:00 BUS Scenic Drive</p> <p>2:00 Painting Class OR</p> <p>3:00 Rotunda Happy Hour</p>                                                                   | <p>7 9:15 NEAL on Vacation</p> <p>10:00 BUS Shopping Downtown</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Giant Crossword GLAR</p> <p>1:30 Ellen &amp; Glenn Sing Along GC</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Alison Grooves OR</p> <p>6:00 Movie GLAR</p>                            | <p>8 10:00 BUS Safeway</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 BUS Scenic Drive</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>                                                   |
| <p>9</p> <p>10:00 BUS Costco</p> <p>10:00 Justin's Qi Gong GLAR</p> <p>10:30 Yoga with Neal OR</p> <p>1:00 Justin's Music GLAR</p> <p>2:00 BUS Marshalls</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p>                                                                                                                                                                                              | <p>10 9:15 Yoga w/Neal GLAR</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Safeway SV</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Scenic Drive</p> <p>7:15 Current Events Discussion OR</p>                                                                                                                                                               | <p>11</p> <p>10:00 BUS Trader Joe's/Michaels</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 Rosary CH</p> <p>2:00 JIMMY PANETA OR</p> <p>2:00 BUS Nob Hill &amp; CVS</p> <p>2:30 Ball Sports GLAR</p> <p>2:00 Jesus Bible Study CH</p> <p>5:30 Current Events GLAR</p>                                     | <p>12</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive</p> <p>10:30 Women's Support CH</p> <p>1:00 Bingo GLAR</p> <p>2:00 Joe Ferrera OR</p> <p>2:00 BUS Scenic Drive</p> <p>1:30 - 4pm Hearing Aid Check WC</p> <p>7:00 BINGO OR</p>                                                                  | <p>13 All Day Susan Massages WC</p> <p>10:00 Grief Support GLAR</p> <p>10:00 Linda's Swing &amp; Sway OR</p> <p>10:00 Meditation CH</p> <p>10:30 BUS Henry Cowell &amp; BBQ</p> <p>11:00 Grief Support CH</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p> <p>3:00 Rotunda Happy Hour</p>                                                                  | <p>14 9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Seascapes Walk</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Word Warp GLAR</p> <p>1:30 LEMO Calypso &amp; Book OR</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Jewish Cultural Club CH</p> <p>3:30 Philosophical Explorations OR</p> <p>6:00 Movie GLAR</p>                                    | <p>15 10:00 BUS Bookshop Santa Cruz</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 Creative Writing PDR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 Kip Allert Performs! OR</p> <p>2:00 BUS Scenic Drive</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>                            |
| <p>16</p> <p>9:00 Qi Gong VIDEO OR</p> <p>10:00 BUS Seascapes Walk</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Book Chats CH</p> <p>2:00 BUS Nob Hill/CVS</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p>                                                                                                                                                           | <p>17 9:15 Yoga w/Neal GLAR</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Corralitos Meat Mkt</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:30 CARD MAKING OR</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Scenic Drive</p> <p>7:15 Current Events Discussion OR</p>                                                                                                                                                     | <p>18</p> <p>10:00 BUS Capitola Mall</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 Word Warp GLAR</p> <p>1:30 Zentangles OR</p> <p>2:00 BUS Trader Joe's/Michaels</p> <p>2:00 Jesus Bible Study CH</p> <p>2:30 Ball Sports GLAR</p> <p>5:30 Current Events GLAR</p>                                       | <p>19 9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Nob Hill &amp; CVS</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>12:30 Bingo GLAR</p> <p>1:00 Activity Forum OR</p> <p>1:30 SCAM Prevention OR</p> <p>2:30 BUS Santa Cruz Wharf</p> <p>7:00 BINGO OR</p>                                 | <p>20 All Day Susan Massages WC</p> <p>10:30 BUS Natural Bridges State Park &amp; Picnic Lunch</p> <p>10:00 Grief Support GLAR</p> <p>10:00 Linda's Swing &amp; Sway OR</p> <p>10:00 Meditation CH</p> <p>1-3pm Resident-run Couples TP</p> <p>2:00 Painting Class OR</p> <p>3:00 Rotunda Happy Hour</p>                                                             | <p>21 9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Westlake Ducks</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Word Warp GLAR</p> <p>1:30 Ellen &amp; Glenn Sing Along GC</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Alison Grooves OR</p> <p>6:00 Movie GLAR</p>                                    | <p>22 10:00 BUS Porter Library</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 Creative Writing PDR</p> <p>12:00 OLLI Music Group OR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 BUS Scenic Drive</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>                                    |
| <p>23</p> <p>9:00 Qi Gong VIDEO OR</p> <p>10:00 BUS Whale City Bakery</p> <p>10:30 Yoga with Neal OR</p> <p>2:00 BUS Scenic Drive</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p> <p>30 10:00 BUS Safeway</p> <p>10:00 Justin's Qi Gong GLAR</p> <p>10:30 Yoga with Neal OR</p> <p>1:00 Book Chats EXTRA with Dana Mackenzie's Books OR</p> <p>2:00 BUS Scenic Drive</p> <p>2:15 Weekend Movie OR</p> | <p>24 9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>10:00 BUS Scenic Drive</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Trader Joe's/Michaels</p> <p>7:15 Current Events Discussion OR</p> <p>31 9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Nob Hill/CVS</p> <p>10:45 Annette's Fitness OR</p> <p>2:00 Justin's BEATLES OR</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Scenic / 7:15 Current Events OR</p> | <p>25</p> <p>10:00 BUS Scenic Drive</p> <p>10:30 Tai Chi Movement GLAR</p> <p>1:00 Word Warp GLAR</p> <p>2:00 BUS Dollar Tree/Target SV</p> <p>2:30 Ball Sports GLAR</p> <p>2:00 Jesus Bible Study CH</p> <p>5:30 Current Events GLAR</p>                                                                  | <p>26</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 DOWN MEMORY LANE OR</p> <p>1:00 Bingo GLAR</p> <p>2:00 BUS Safeway</p> <p>3:00 Resident Mixer OR</p> <p>4:45 HAWAIIAN BUFFET Dining Room</p> <p>7:00 BINGO OR</p> | <p>27 All Day Susan Massages WC</p> <p>10:00 BUS Steinbeck Museum &amp; Lunch</p> <p>10:00 Grief Support GLAR</p> <p>10:00 Linda's Swing &amp; Sway OR</p> <p>10:00 Meditation CH</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Ping Pong TP</p> <p>2-4 All Staff Mtg OR</p> <p>2:00 Painting Class TP</p> <p>3:00 Rotunda Happy Hour</p> | <p>28</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Word Warp GLAR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>2:00 CHARLIE LINDNER OR</p> <p>2:00 BUS Hidden Beach Walk</p> <p>3:30 Philosophical Explorations OR</p> <p>6:00 Movie GLAR</p> | <p>29</p> <p>10:00 MOSAIC Making TP</p> <p>10:00 BUS Whole Foods/CVS</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 Plateau Jazz Band GC</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p> |