

July 2026 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY:</p> <p>GC - Garden Courtyard GLAR - Garden Level Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room</p>	<p>KEY:</p> <p>AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Rm</p>	<p>NOTE!</p> <ul style="list-style-type: none"> Recycle Tuesdays OAKS STORE Open 10:15-2:15 Wednesdays New Events highlighted in Yellow For 7/8 Hearing Aid Check, call 831-462-8260 	<p>1 Giving Table AR</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Gayle's Bakery</p> <p>10:30 Women's Support CH</p> <p>10:45 Justin's Fitness OR</p> <p>2:00 BUS Scenic Drive</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p>	<p>2 Giving Table AR</p> <p>All Day Susan Massages WC</p> <p>10:00 Linda's Swing & Sway OR</p> <p>10:00 BUS Canepa Car Museum</p> <p>10:00 Meditation CH</p> <p>11:00 Grief Support CH</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 BUS Caroline's Thrift Shop</p> <p>2:00 Painting Class OR</p>	<p>3 Giving Table AR</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS The FARM Bakery</p> <p>10:45 Qi Gong Video OR</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>1:30 Ellen & Glenn Sing Along GC</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Alison Grooves TP</p> <p>7:15 Weekend Movie OR</p>	<p>4 Fourth of July!</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>2:00 JULY 4th CELEBRATION JOE FERRARA PERFORMING! in Garden Courtyard</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>5</p> <p>9:00 Justin's Qi Gong OR</p> <p>10:00 BUS Whale City Bakery</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Book Chats CH</p> <p>2:00 BUS Scenic Drive</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>6</p> <p>9:15 Yoga w/Neal GLAR</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Scenic Drive</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:30 CARD MAKING OR</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Trader Joe's/Michaels</p> <p>7:15 Current Events Discussion OR</p>	<p>7</p> <p>9:30 Conversations GLAR</p> <p>10:00 Library Committee PDR</p> <p>10:00 BUS Whole Foods/CVS</p> <p>11:00 Tai Chi Movement OR</p> <p>1:30 Zentangles OR</p> <p>1:30 Blood Pressure Check WC</p> <p>2:00 BUS Nob Hill/CVS</p> <p>2:45 Jesus Bible Study CH</p> <p>3:45 Erik's Ball Sports OR</p>	<p>8</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>2:00 Joe Ferrera OR</p> <p>2:00 BUS Santa Cruz Wharf</p> <p>1:30 - 4PM Hearing Aid Check WC</p> <p>7:00 BINGO OR</p>	<p>9 All Day Susan Massages WC</p> <p>10:00 Linda's Swing & Sway OR</p> <p>10:00 Meditation CH</p> <p>10:30 BUS Allied Arts Center & Lunch</p> <p>11:00 Grief Support CH</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p>	<p>10</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Alladin Nursery</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Jewish Cultural Club CH</p> <p>3:30 Philosophical Explorations OR</p> <p>*(no movie in OR due to Family BBQ preparations)</p>	<p>11 Annual Summer Family BBQ 11M-2PM</p> <p>"Camp Dominican Oaks" Performances by Junebug & Patti Maxine!</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>12</p> <p>9:00 Justin's Qi Gong OR</p> <p>10:00 BUS Costco</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Justin's Soothing Music GLAR</p> <p>2:00 BUS Scenic Drive</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>13</p> <p>9:15 Yoga w/Neal GLAR</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Safeway SV</p> <p>10:45 Justin's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Caption Call Hearing Presentation OR</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Scenic Drive</p> <p>7:15 Current Events Discussion OR</p>	<p>14</p> <p>10:00 BUS Succulent Gardens</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>2:00 BUS Scenic Drive</p> <p>2:45 Jesus Bible Study CH</p> <p>3:45 Erik's Ball Sports OR</p>	<p>15</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Trader Joes/Michaels</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Activity Forum</p> <p>2:00 Justin & Lola Perform OR</p> <p>2:00 BUS Scenic Drive</p> <p>7:00 BINGO OR</p>	<p>16 All Day Susan Massages WC</p> <p>10:00 Linda's Swing & Sway OR</p> <p>10:00 Meditation CH</p> <p>10:30 BUS Filoli Gardens & Lunch</p> <p>11:00 Grief Support CH</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p>	<p>17</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Shopping Downtown</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>1:30 Ellen & Glenn Sing Along GC</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Jewish Renewal OR</p> <p>3:00 Alison Grooves TP</p> <p>7:15 Weekend Movie OR</p>	<p>18</p> <p>10:00 BUS Capitola Library</p> <p>11:00 Tai Chi Movement OR</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 Kip Allert Performs! OR</p> <p>2:00 BUS Scenic Drive</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>19</p> <p>9:00 Justin's Qi Gong OR</p> <p>10:00 BUS Seascape Walk</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Book Chats CH</p> <p>2:00 BUS Nob Hill & CVS</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>20</p> <p>9:15 Yoga w/Neal GLAR</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Gayle's Bakery</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Two of Us Trumpet OR</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Scenic Drive</p> <p>7:15 Current Events Discussion OR</p>	<p>21</p> <p>10:30 BUS Capitola Mall</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 Blood Pressure Check WC</p> <p>2:00 BUS Trader Joe's/Michaels</p> <p>2:45 Jesus Bible Study CH</p> <p>3:45 Erik's Ball Sports OR</p>	<p>22</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 RETRO BAND OR</p> <p>2:30-4 Dreamcatcher Workshop OR</p> <p>2:00 BUS Safeway</p> <p>7:00 BINGO OR</p>	<p>23 All Day Susan Massages WC</p> <p>10:00 Linda's Swing & Sway OR</p> <p>10:00 Meditation CH</p> <p>10:30 BUS Anderson Museum & Lunch</p> <p>11:00 Grief Support CH</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p>	<p>24</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Abbey & Westlake Ducks</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>2:00 BUS Scenic Drive</p> <p>3:30 Philosophical Explorations OR</p> <p>7:15 Weekend Movie OR</p>	<p>25 10:00 MOSAIC Making TP</p> <p>10:00 BUS Bookshop Santa Cruz</p> <p>11:00 Tai Chi Movement OR</p> <p>11:00 Ping Pong TP</p> <p>12:00 OLLI music group OR</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 BUS Target/Mall</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>26</p> <p>9:00 Justin's Qi Gong OR</p> <p>10:00 BUS Whale City Bakery</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 BUS Scenic Drive</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p>	<p>27</p> <p>9:15 Yoga w/Neal GLAR</p> <p>9:30 Men's Support CH</p> <p>10:00 BUS Scenic Drive</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:30 Orphan Primates OR</p> <p>2:00 Meditation CH</p> <p>2:00 BUS Trader Joe's/Michaels</p> <p>7:15 Current Events Discussion OR</p>	<p>28</p> <p>10:00 BUS Scenic Drive</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>2:00 BUS Dollar Tree/Target SV</p> <p>2:45 Jesus Bible Study CH</p> <p>3:45 Erik's Ball Sports OR</p>	<p>29</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Safeway</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>2:00 BUS Scenic Drive</p> <p>3:00 Resident Mixer OR</p> <p>7:00 BINGO OR</p>	<p>30 All Day Susan Massages WC</p> <p>10:00 Linda's Swing & Sway OR</p> <p>10:00 Meditation CH</p> <p>11:00 BUS Museum of Art & History & lunch at Abbot Sq</p> <p>11:00 Grief Support CH</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Painting Class - residents may paint on their own, Instructor away this day</p>	<p>31</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Hidden Beach Walk</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - GL Lobby C elevator</p> <p>2:00 VIRGINIA SINGS OR</p> <p>2:00 BUS Scenic Drive</p> <p>7:15 Weekend Movie OR</p>	