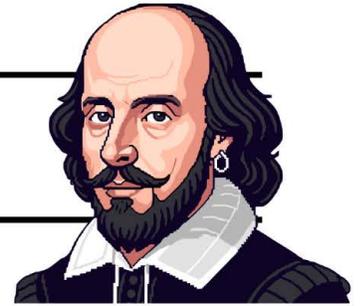




DOMINICAN OAKS

COMMUNITY NEWSLETTER

MARCH 2026



A MESSAGE FROM OUR ADMINISTRATOR

March has arrived with several highlights across our community. We had excellent participation in our February COVID booster clinic, and we continue to host these clinics as an important part of our ongoing commitment to resident health, safety, and peace of mind.

Behind the scenes, progress continued on our carpet replacement project. We are so thrilled to move forward with these much needed upgrades to our shared spaces, and look forward to additional upgrades throughout the year.

Finally, our team proudly represented the community at this year's Clam Chowder Cook-Off. It was a wonderful opportunity to engage with the broader community and showcase our culinary talents.

As we move into spring, we look forward to more opportunities for connection, wellness, and fun. Thank you for being such an engaged and supportive community.

Amy Saulnier

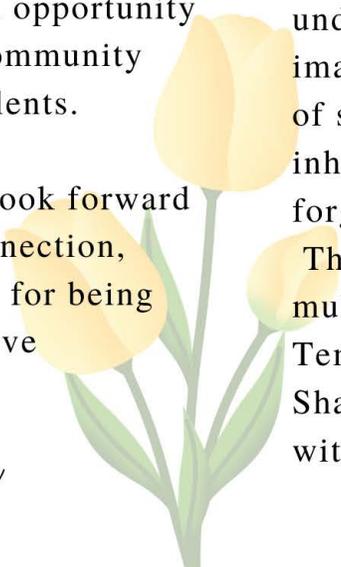
SHAKESPEARE SANTA CRUZ AT DOMINICAN OAKS!

The Activities Department is thrilled to announce an extremely special performance coming to Dominican Oaks on Friday, March 6 at 2pm in the Oaks Room:

Santa Cruz Shakespeare is proud to offer their Spring 2026 touring program, presenting their newest production, *The Tempest*.

This vibrant 45-minute adaptation of *The Tempest* blends Shakespeare's original language with fresh cultural perspectives, illuminating themes of power, identity, & belonging. Set on an island alive with magic, music, and movement, the production explores how encounters between different peoples can lead to both conflict & understanding. With humor, heart, & imagination, audiences experience the story of shipwrecked nobles, spirited island inhabitants, & the journeys toward forgiveness, liberation, & self-discovery.

Through expressive staging and multicultural influences, this version of *The Tempest* invites audiences to see Shakespeare as relevant, resonant, & alive with contemporary meaning.



DOMINICAN OAKS MANAGERS

Administrator:
Amy Saulnier

Activities & Transportation:
Annette Rau

Assisted Living:
Stacy Smith-Paynter

Dining Services:
Gerardo Piduca

**Facilities (Maintenance) &
Housekeeping:**
Eric Botkin

Food Service:
Matt Mettalia

Marketing & Community Relations:
Cher Harty

**Newsletter Editor Annette Rau
welcomes your input!**
annette.rau@commonspirit.org

MUSIC IN MARCH

- **Ellen & Glenn Sing Along**, Fri, 3/20, 1:30pm
Oaks Room
- **Joe Ferrara**, Wed, 3/11, 2pm Oaks Room
- **Justin Mosely**, Sat, 3/14, 2pm Oaks Room
- **Johnny Fabulous**, Tues, 3/17, 1:30pm Oaks Room
- **Americana Music**, Wed, 3/18, 3pm Oaks Room
- **Kip Allert**, Sat, 3/21, 2pm Oaks Room
- **Charlie Lindner**, Fri, 3/27, 2pm Oaks Room

DAISY FASHION SHOW AT DOMINICAN OAKS!

The Daisy Store owes its 1967 beginnings to a group of Santa Cruz women who had the vision to create an auxiliary-operated resale store to support the mission of Family Service Agency of the Central Coast. The Daisy Auxiliary operates under the Family Service Agency, a 501(c)(3) nonprofit & now has more than 150 active & auxiliary members who work throughout the year to manage the store & raise additional funding for Family Service Agency. If you are a Santa Cruz area local, you might already know about the Daisy. If you are a bargain shopper fashionista, you must attend this fashion show on **Monday, March 9 at 1:30pm in the Oaks Room!** So much fun, and an opportunity to purchase beautiful clothes at a discounted price!



**THE THURSDAY AFTERNOON PAINTING CLASS
ATTENDEES INTENSELY FOCUSED ON THEIR ART!**

LAVENDER WELLNESS WORKSHOP

All welcome to join this sensory-rich & interactive experience, giving residents a chance to experience lavender through smell, touch, & taste, while also learning about its calming mood-boosting benefits, on **Friday, March 13 at 2pm in the Oaks Room.**

Presented by Ryan Hopkins, co-founder of Lavender Creek Company, a family-grown lavender farm in Arroyo Seco, CA, this workshop will include:

- Lavender hand cream with shea butter for aromatherapy & relaxation
- Freshly distilled English & French lavender essential oils for scent comparison
- A simple lavender syrup demonstration made on the spot for taste testing
- DIY lavender sachet-making activity for residents to take home

MARCH BIRTHDAYS!

- 2 Jim Burgard
- 2 Jo Anne Lee
- 5 Florence Giacinto
- 6 Jo Gennuso
- 7 Willow Citron
- 8 Dixie Rees
- 12 Bob Nelson
- 14 Mike Ensign
- 14 Barbara Gilbeau
- 15 Mary Coneway
- 18 Don Hansen
- 20 Glen Beckstrom
- 24 Judy Miller
- 26 Linda & John Heyes Anniversary
- 27 Gordon Decker

DOMINICAN OAKS LIBRARY COMMITTEE MESSAGE

The library committee kindly requests you borrow, enjoy, & return books, placing them in baskets marked for returns. Please do not reshelve, reorganize, or add items to any of our bookshelves.

In addition to the Main Library, there are collections throughout the community. All are served by volunteer librarians. They have seen books rearranged & placed erratically. It is time-consuming & difficult to sort & remove.

We know our residents love to read and want new titles, so the committee is working on it. We're also trying to respond to resident preferences & would like to know of new books they would like to donate. Please understand we cannot accept a huge number of personal collections.

Finally, we would appreciate if people DO NOT eat & drink, nor leave trash in the Library. If anyone is interested in joining the library committee, please let Mary Ellen McTamaney or Judy Warner know.

RESIDENT MIXER!

Get ready to celebrate the start of Spring and mix and mingle at our Resident Mixer on March 25th from 3:00 to 4:30 PM in the Oaks Room! It's an excellent opportunity to meet your neighbors and make some *budding* friendships.

We'll be *planting* smiles with a delightful array of delicious appetizers, some *blooming* themed cocktails (and refreshing mocktails for those who prefer to keep their spirits high without the spirits!). Plus, our Buddy Program will be there to *sprout* out new connections and introduce our newest residents.

You won't want to *leaf* this party early!

MEET YOUR NEW NEIGHBORS!

Carol Gregory

Carol was born in Rahway, New Jersey. She moved to California where she met her husband Bill in 1998. Carol and Bill married and raised 3 children Michael, Steven and Wendy, who are all retired now. Carol started college when the kids were in grammar school and finished at San Jose State with a degree in marketing. She worked outside sales, selling computers to corporations. Carol and Bill then retired to Lopez Island, WA. With Bill's recent passing, Carol has moved back to California to be closer to her 3 children. Carol's hobbies include quilting and volunteering.

Shlomo Vilozny

Shlomo was born in Israel (then called Palestine) His parents immigrated there from Poland during the 1930's. Most of his family who remained in Poland were killed by the Nazis during the holocaust. He finished High School with a major in Biology. In 1958 he joined the Israeli Army and served in the Armed Corps for 3 ½ years. Later he received his BSc and MSc degrees in Electronic and Industrial Engineering. In 1973 he spent 8 months fighting during the Yom-Kippur war in the Sinai Desert. In 1978 his family of 7 immigrated to the United States. They lived in Portland, OR, Reno, NV and Santa Cruz, CA due to his engineering work. As a hobby, Shlomo played violin and banjo in a Klezmer band. In recent years he took art classes at Cabrillo College and produced artistic pieces from wood, metal and ceramics. Most of Shlomo's children live locally. Shlomo decided to join Dominican Oaks to enjoy its unique environment, meet new friends and participate in social activities. Besides English, he speaks Hebrew, Yiddish, Spanish and some Arabic and Polish.

Napoleone Cavlan

Napoleone was born in Italy by the Sorrento-Amalfi coast. As a child during WWII, the American liberation forces displaced his family from their home for which, as compensation, they were eventually granted immigration to America as refugees when he was 18. He landed in Boston, MA where he found a modest job. Later, he went to night college for 13 years to earn a degree in Electronic Engineering, paid for all of his tuition, and raised a family of 3 children. Napoleone started his career in Silicon Valley when Fairchild Semiconductor brought his family to Mt. View. Subsequently he worked at Advanced Memory Systems, Signetics, Monolithic Memories, Advanced Micro Devices, and National Semiconductors. He was a pioneer in architecting and developing programmable logic chips for use in computer and space applications. The history of his work is recorded in the Computer History Museum in Mt. View. After he retired, his family moved to Santa Cruz in which he has been living for 24 years. At this point in his life, he has been looking for a safe and supportive environment, shared with other people of similar age, and feels that Dominican Oaks would provide that. His life's avocation has been the Classical Guitar.

RESIDENT COUNCIL OPEN MEETING

All residents are invited & encouraged to attend the next Resident Council Open Meeting:

Tuesday, March 3, 10:30 AM in the Oaks Room.