

Garden Level January 2026 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>KEY:</b></p> <p>GC - Garden Courtyard GLAR - Garden Level Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room</p>	<p><b>KEY:</b></p> <p>AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Rm</p>	<p><b>NOTE!</b></p> <ul style="list-style-type: none"> <li>Recycle Tuesdays</li> <li>OAKS STORE Open 10:15-2:15 Wednesdays</li> <li>New Events highlighted in Yellow</li> <li>For 1/14 Hearing Aid Check, call 831-462-8260</li> </ul>		<p>1 New Year's Day! Giving Table AR All Day Susan Massages WC 10:00 Grief Support GLAR 10:00 Linda's Swing &amp; Sway OR 10:00 Meditation CH 11:00 Grief Support CH 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15 NFL Game OR</p>	<p>2 Giving Table AR 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:45 JUSTIN'S Fitness OR 1:00 Word Warp GLAR 1:30 Ellen &amp; Glenn Sing Along OR 1:30 Pinochle - GL Lobby C elevator 2:00 BUS TBD 3:00 Alison Grooves OR 6:00 Movie GLAR</p>	<p>3 Giving Table AR 10:00 BUS TBD 10:30 Tai Chi Movement GLAR 1:00 Creative Writing PDR 1:00 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS TBD 2:30 Documentary GLAR 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>4 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:15 Weekend Movie OR All day Table Games GLAR</p>	<p>5 9:30 MEN'S SUPPORT CH 9:15 Yoga w/Neal GLAR 10:45 JUSTIN'S Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:45 Proactive PT OR 7:15 Current Events Discussion OR</p>	<p>6 9:30 Conversations GLAR 10:00 Library Committee PDR 10:30 Tai Chi Movement GLAR 1:00 Word Warp GLAR 1:30 Zentangles OR 1:30 Bookmobile -ON HOLD 2:00 BUS TBD 2:45 Jesus Bible Study OR 2:30 Ball Sports GLAR 5:30 Current Events GLAR 7:15 PSR Project Discussion OR</p>	<p>7 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 2:30 Managers Forum OR 7:00 BINGO OR</p>	<p>8 All Day Susan Massages WC 10:00 Grief Support GLAR 10:00 Linda's Swing &amp; Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 11:30-1:30PM CLOTHING EXCHANGE OR 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15 NFL Game OR</p>	<p>9 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - GL Lobby C elevator 2:00 Ken Margolis Trio OR 2:00 BUS TBD 3:00 Jewish Cultural Club CH 3:30 Philosophical Explorations OR 6:00 Movie GLAR</p>	<p>10 10:00 BUS TBD 10:30 Tai Chi Movement GLAR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS TBD 2:30 Documentary GLAR 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>11 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Justin's Soothing Music GLAR 2:15 Weekend Movie OR All day Table Games GLAR</p>	<p>12 9:30 MEN'S SUPPORT CH 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 2:00 Kalden Sound Healing OR 3:45 Proactive PT OR 7:15 Current Events Discussion OR</p>	<p>13 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 1:00 Rosary CH 1:30 PUPPY PARADE OR 2:00 BUS TBD 2:45 Jesus Bible Study OR 5:30 Current Events GLAR 7:15 PSR Project Discussion OR</p>	<p>14 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:30 Women's Support CH 1:00 Bingo GLAR 2:00 Joe Ferrera OR 1:30 - 4pm Hearing Aid Check WC 7:00 BINGO OR</p>	<p>15 All Day Susan Massages WC 10:00 Grief Support GLAR 10:00 Linda's Swing &amp; Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15 NFL Game OR</p>	<p>16 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:45 Annette's Fitness OR 1:00 Word Warp GLAR 1:30 Ellen &amp; Glenn Sing Along OR 1:30 Pinochle - GL Lobby C elevator 2:00 BUS TBD 3:00 Alison Grooves OR 6:00 Movie GLAR</p>	<p>17 10:00 BUS TBD 10:30 Tai Chi Movement GLAR 1:00 Creative Writing PDR 12:30 BINGO GLAR 1:30 Tech Assistance LB 2:00 JUSTIN PLAYS OR 2:00 BUS TBD 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>18 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:15 Weekend Movie OR All day Table Games GLAR</p>	<p>19 9:30 MEN'S SUPPORT CH 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:45 Proactive PT OR 7:15 Current Events Discussion OR</p>	<p>20 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 1:00 Word Warp GLAR 1:30 Zentangles OR 1:30 Bookmobile -ON HOLD 2:00 BUS TBD 2:45 Jesus Bible Study OR 2:30 Ball Sports GLAR 5:30 Current Events GLAR 7:15 PSR Project Discussion OR</p>	<p>21 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 1:30 NOAH'S POETRY OR 2:30 Activity Forum OR 7:00 BINGO OR</p>	<p>22 All Day Susan Massages WC 10:00 Grief Support GLAR 10:00 Linda's Swing &amp; Sway OR 11:00 ESTATE PLANNING OR 10:00 Meditation CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15 NFL Game OR</p>	<p>23 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - GL Lobby C elevator 2:00 BUS TBD 2:00 RETRO Band Performs OR 3:30 Philosophical Explorations OR 6:00 Movie GLAR</p>	<p>24 10:00 BUS TBD 10:30 Tai Chi Movement GLAR 12:00 OLLI music group OR 12:30 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS TBD 2:00 THRESHOLD Singers OR 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>25 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga with Neal OR 1:30 Episcopal Service CH 2:15 Weekend Movie OR All day Table Games GLAR</p>	<p>26 9:30 MEN'S SUPPORT CH 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 2:00 DEATH CAFE OR 3:45 Proactive PT OR 7:15 Current Events Discussion OR</p>	<p>27 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 1:00 Word Warp GLAR 2:00 BUS TBD 2:30 Ball Sports GLAR 2:45 Jesus Bible Study OR 5:30 Current Events GLAR 7:15 PSR Project Discussion OR</p>	<p>28 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Mike &amp; Mandy SHOW OR 1:00 Bingo GLAR 3:00 Resident Mixer OR 7:00 BINGO OR</p>	<p>29 All Day Susan Massages WC 10:00 Grief Support GLAR 10:00 Linda's Swing &amp; Sway OR 10:00 Meditation CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15 NFL Game OR</p>	<p>30 9:15 Yoga w/Neal GLAR 10:00 BUS TBD 10:45 Annette's Fitness OR 1:00 Giant Crossword GLAR 1:00 Chess Club LB 1:30 Pinochle - GL Lobby C elevator 2:00 BUS TBD 6:00 Movie GLAR</p>	<p>31 10:00 BUS TBD 10:00 MOSAIC Making TP 10:30 Tai Chi Movement GLAR 1:00 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS TBD 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>