

October 2025 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY: GC - Garden Courtyard GLAR - Garden Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Room	NOTE! - Recycle Tuesdays - OAKS STORE Open 10:15-2:15 Wednesdays	NOTE! - New Events highlighted in Yellow - For 10/8 Hearing Aid Check, call 831-462-8260	1 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:30 Managers Forum OR 7:00 BINGO OR	2 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	3 9:15 Yoga w/Neal GLAR 10:00 BUS Canepa Museum 10:45 Annette's Fitness OR 11:00 Blessing of Animals CH 1:00 Chess Club LB 1:30 Ellen & Glenn Sing Along OR 1:30 Pinochle - near D204 2:00 BUS Hidden Beach Walk 3:00 Alison Grooves OR 7:15 Weekend Movie OR	4 10:00 BUS Scenic Drive 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Coastal Walk 4:00 Catholic Mass OR 7:15 Weekend Movie OR
5 9:00 Justin's Qi Gong OR 10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	6 Arts & Crafts Questionnaires Due 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:00 Kalden Sound Healing OR 2:00 Meditation OR 3:45 Parachute Exercise OR 7:15 Current Events Discussion OR	7 10:00 Library Committee PDR 10:00 Men's Bible Study CH 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Zentangles OR 1:30 Blood Pressure Check WC 2:00 BUS Safeway SV 2:45 Jesus Bible Study OR 3:45 Erik's Ball Sports OR	8 9:15 Yoga w/Neal GLAR 10:00 BUS Whole Foods/CVS 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 The Key Presentation OR 2:00 Joe Ferrera OR 1:30 - 4pm Hearing Aid Check WC 7:00 BINGO OR	9 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	10 9:15 Yoga w/Neal GLAR 10:00 BUS Gizdich Ranch 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 BUS Scenic Drive 2:00 Historical Talk OR 3:00 Jewish Cultural Club CH 7:15 Weekend Movie OR	11 10:00 BUS Coastal DRIVE 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Trader Joe's 4:00 Catholic Mass OR 7:15 Weekend Movie OR
12 9:00 Justin's Qi Gong OR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Justin's Soothing Music GLAR 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	13 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:45 Parachute Exercise OR 7:15 Current Events Discussion OR	14 10:00 Men's Bible Study CH 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Elizabeth Bunch concert OR 1:30 Bookmobile -ON HOLD 1:30 Blood Pressure Check WC 2:00 BUS Nob Hill & CVS 2:45 Jesus Bible Study OR 4-5:30PM Arts & Crafts Fair Set up	15 Annual Resident Arts & Crafts Fair 10AM - 5PM Oaks Room 9:15 Yoga w/Neal GLAR 10:00 BUS Trader Joes/Michaels 10:30 Women's Support CH 3:00 Champagne Toast OR 7:00 BINGO OR	16 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	17 9:15 Yoga w/Neal GLAR 10:00 BUS Feed Ducks at Westlake 10:45 Justin's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 1:00 Harmonics Singers OR 1:30 Ellen & Glenn Sing Along OR 2:00 BUS Hidden Beach Walk 3:00 Alison Grooves OR 7:15 Weekend Movie OR	18 10:00 BUS Downtown SC WALK 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 2:00 BUS Coastal DRIVE 4:00 Catholic Mass OR 7:15 Weekend Movie OR
19 9:00 Justin's Qi Gong OR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	20 9:15 Yoga w/Neal GLAR 10:45 Justin's Fitness OR 1:00 Catholic Bible Study CH 3:30 Pickle Mafia OR 7:15 Current Events Discussion OR	21 10:00 Men's Bible Study CH 11:00 Tai Chi Movement OR 1:00 Rosary CH 1:30 Zentangles OR 1:30 Blood Pressure Check WC 2:00 BUS New Leaf & Palace Arts 2:45 Jesus Bible Study OR 3:45 Erik's Ball Sports OR	22 9:15 Yoga w/Neal GLAR 10:00 BUS Mall - Target/Kohls 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 VIRGINIA SINGS OR 7:00 BINGO OR	23 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	24 9:15 Yoga w/Neal GLAR 10:00 BUS National Steinbeck Center+Ellie's Restaurant 10:45 Justin's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 JADE music show OR 7:15 Weekend Movie OR	25 10:00 BUS Redwood DRIVE 10:00 MOSAIC Making TP 11:00 Tai Chi Movement OR 11:00 Ping Pong TP 12:00 OLLI music group OR 1:00 Creative Writing PDR 1:30 Tech Assistance LB 1:30 BUS Spook House Show 4:00 Catholic Mass OR 7:15 Weekend Movie OR
26 9:00 Justin's Qi Gong OR 10:30 Yoga with Neal OR 1:15 BUS Cornerstone Pentecostal Church 1:30 Episcopal Service CH 2:15 Weekend Movie OR All day Table Games AR	27 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:45 Parachute Exercise OR 7:15 Current Events Discussion OR	28 10:00 Men's Bible Study CH 10AM - 3:30PM COVID BOOSTER CLINIC OR 1:00 Rosary CH 1:30 Bookmobile -ON HOLD 1:30 Blood Pressure Check WC 2:00 BUS Dollar Tree/Target SV 3:45 Erik's Ball Sports OR	29 9:15 Yoga w/Neal GLAR 10:00 BUS Safeway SV 10:30 Women's Support CH 10:45 Annette's Fitness OR 3:00 Halloween Party & Resident Mixer OR 7:00 BINGO OR	30 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Ping Pong TP 2-4PM ALL STAFF MTG OR 5:15- 8:30PM NFL Game OR	31 Happy Halloween! 9:15 Yoga w/Neal GLAR 10:00 BUS Nob Hill Grocery 10:45 Justin's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 BUS Scenic Drive 7:15 Weekend Movie OR	