

Garden Level October 2025 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
KEY: GC - Garden Courtyard GLAR - Garden Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Room	* NOTE! - Recycle Tuesdays - OAKS STORE Open 10:15-2:15 Wednesdays	NOTE! - New Events highlighted in Yellow - For 10/8 Hearing Aid Check, call 831-462-8260	1 9:15 Yoga w/Neal GLAR 10:00 BUS Scenic Drive 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 2:30 Managers Forum OR 7:00 BINGO OR	2 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Grief Support GLAR 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	3 9:15 Yoga w/Neal GLAR 10:00 BUS Canepa Museum 10:45 Annette's Fitness OR 11:00 Blessing of Animals CH 1:00 Giant Crossword GLAR 1:30 Ellen & Glenn Sing Along OR 1:30 Pinochle - near D204 2:00 BUS Hidden Beach Walk 3:00 Alison Grooves OR 6:00 Movie GLAR	4 10:00 BUS Scenic Drive 10:30 Tai Chi Movement GLAR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS Coastal Walk 2:30 Documentary GLAR 4:00 Catholic Mass OR 7:15 Weekend Movie OR
5 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:15 Weekend Movie OR All day Table Games GLAR	6 Arts & Crafts Questionnaires Due 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 1:00 Kalden Sound Healing OR 2:00 Meditation OR 3:45 Parachute Exercise OR 7:15 Current Events Discussion OR	7 9:30 Conversations w/Amy GLAR 10:00 Library Committee PDR 10:30 Tai Chi Movement GLAR 1:00 Word Warp GLAR 1:00 Rosary CH 1:30 Zentangles OR 2:00 BUS Safeway SV 2:45 Jesus Bible Study OR 2:30 Ball Sports GLAR 5:30 Current Events GLAR	8 9:15 Yoga w/Neal GLAR 10:00 BUS Whole Foods/CVS 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 1:00 The Key Presentation OR 2:00 Joe Ferrera OR 1:30 - 4pm Hearing Aid Check WC 7:00 BINGO OR	9 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Grief Support GLAR 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	10 9:15 Yoga w/Neal GLAR 10:00 BUS Gizdich Ranch 10:45 Annette's Fitness OR 1:00 Password Game GLAR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Historical Talk OR 2:00 BUS Scenic Drive 3:00 Jewish Cultural Club CH 6:00 Movie GLAR	11 10:00 BUS Coastal DRIVE 10:30 Tai Chi Movement GLAR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS Trader Joe's 2:30 Documentary GLAR 4:00 Catholic Mass OR 7:15 Weekend Movie OR
12 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Justin's Soothing Music GLAR 2:15 Weekend Movie OR All day Table Games GLAR	13 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:45 Parachute Exercise OR 7:15 Current Events Discussion OR	14 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 1:30 Bookmobile -ON HOLD 1:00 Rosary CH 1:30 Elizabeth Bunch concert OR 2:00 BUS Nob Hill & CVS 2:45 Jesus Bible Study OR 2:30 Ball Sports GLAR 5:30 Current Events GLAR 4-5:30PM Arts & Crafts Fair Set up	15 Annual Arts & Crafts Fair 10AM - 5PM Oaks Room 9:15 Yoga w/Neal GLAR 10:00 BUS Trader Joes/Michaels 10:30 Women's Support CH 12:30 Bingo GLAR 3:00 Champagne Toast OR 7:00 BINGO OR	16 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Grief Support GLAR 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Grief Support CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	17 9:15 Yoga w/Neal GLAR 10:00 BUS Feed Ducks at Westlake 10:45 Justin's Fitness OR 1:00 Word Warp GLAR 1:00 Chess Club LB 1:30 Ellen & Glenn Sing Along OR 1:30 Pinochle - near D204 2:00 BUS Hidden Beach Walk 3:00 Alison Grooves OR 6:00 Movie GLAR	18 10:00 BUS Downtown WALK 10:30 Tai Chi Movement GLAR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS Coastal DRIVE 2:30 Documentary GLAR 4:00 Catholic Mass OR 7:15 Weekend Movie OR
19 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 2:00 Book Chats CH 2:15 Weekend Movie OR All day Table Games GLAR	20 9:15 Yoga w/Neal GLAR 10:45 Justin's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 3:30 Pickle Mafia OR 7:15 Current Events Discussion OR	21 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 1:00 Word Warp GLAR 1:30 Zentangles OR 1:00 Rosary CH 2:00 BUS New Leaf & Palace Arts 2:45 Jesus Bible Study OR 2:30 Ball Sports GLAR 5:30 Current Events GLAR	22 9:15 Yoga w/Neal GLAR 10:00 BUS Mall - Target/Kohls 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 2:00 VIRGINIA SINGS OR 7:00 BINGO OR	23 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Grief Support GLAR 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2:00 Painting Class OR 5:15- 8:30PM NFL Game OR	24 9:15 Yoga w/Neal GLAR 10:00 BUS National Steinbeck Center+Ellie's Restaurant 10:45 Justin's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 JADE music show OR 6:00 Movie GLAR	25 10:00 BUS Redwood DRIVE 10:30 Tai Chi Movement GLAR 10:00 MOSAIC Making TP 12:00 OLLI music group OR 12:30 BINGO GLAR 1:30 Tech Assistance LB 2:00 BUS Spook House Show (Market St Theater) 4:00 Catholic Mass OR 7:15 Weekend Movie OR
26 9:00 Justin's Qi Gong OR 10:00 Justin's Qi Gong GLAR 10:30 Yoga with Neal OR 1:15 BUS Cornerstone Pentecostal Church 1:30 Episcopal Service CH 2:15 Weekend Movie OR All day Table Games GLAR	27 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Rummikub GLAR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:45 Parachute Exercise OR 7:15 Current Events Discussion OR	28 10:00 Men's Bible Study CH 10AM - 11AM COVID BOOSTER CLINIC GL Lobby 10:30 Tai Chi Movement GLAR 1:00 Giant Crossword GLAR 1:30 Bookmobile -ON HOLD 1:00 Rosary CH 2:00 BUS Dollar Tree/Target SV 2:30 Ball Sports GLAR 5:30 Current Events GLAR	29 9:15 Yoga w/Neal GLAR 10:00 BUS Safeway 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 3:00 Halloween Party & Resident Mixer OR 7:00 BINGO OR	30 All Day Susan Massages WC Erik driving Medical Rides All Day 10:00 Grief Support GLAR 10:00 Linda's Swing & Sway OR 10:00 Meditation CH 11:00 Pool Playing Group C3 1:00 Rummikub GLAR 2-4PM ALL STAFF MTG OR 5:15- 8:30PM NFL Game OR	31 Happy Halloween! 9:15 Yoga w/Neal GLAR 10:00 BUS Nob Hill Grocery 10:45 Justin's Fitness OR 1:00 Word Warp GLAR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 BUS Scenic Drive 6:00 Movie GLAR	