## **DOMINICAN OAKS**

### COMMUNITY NEWSLETTER

### APRIL 2025

### A MESSAGE FROM OUR ADMINISTRATOR

Spring is in full bloom, and we can't wait to gather for our Easter Buffet this month! It's always a joy to see friends and neighbors come together to share a delicious meal and celebrate the season. Looking ahead, we are pleased to share that Dominican Oaks will be hosting a COVID-19 booster clinic for residents on Tuesday, May 6th, from 11 AM to 4 PM. Getting a COVID-19 vaccine booster is important because:

- Protection from the COVID-19 vaccine decreases with time.
- Immunity after COVID-19 infection decreases with time.
- COVID-19 vaccines are updated to give you the best protection from the currently circulating strains.

If you're unsure whether the booster is right for you, we encourage you to speak with your physician for guidance.

We appreciate your commitment to keeping our community safe and thriving, and we'll be sharing more details on how to register for the clinic soon. In the meantime, let's enjoy the beauty of the season and the wonderful moments we share together!

Amy Saulnier

### DANCE FLOOR PARTY!!

The Dance Floor Party is finally here!
Friday, April 11 at 2pm in the Oaks Room.
Dust off your dancing shoes and come join us!
All are most welcome to attend as we join dancing instructor Alison and her resident dancers to dance on our beautiful dance floor.
Let's sway to groovy tunes from different eras!
Refreshments will be served, and we hope to see you there!

## MONTHLY RESIDENT MIXER

Join us on Wednesday, April 30th, from 3 to 4:30 PM for a festive afternoon filled with margaritas, mouthwatering appetizers, and great company! Mingle with fellow residents—old and new—while soaking in the lively atmosphere, colorful décor and festive music. Don't miss this chance to kick off the Cinco de Mayo celebrations a little early!

### MOTHER'S DAY BUFFET

Join Us for a Spectacular Mother's Day Celebration! Mark your calendars for May 11th to celebrate all of the wonderful mothers with a delightful Mother's Day Buffet! Chef Matt and his team are back at it again with another fabulous spread. This is one of our biggest events of the year, and we can't wait to celebrate with you. Sign-ups will open soon, so be sure to reserve your spot early—this is one celebration you won't want to miss!



Please note that our bus driver Erik will be doing medical rides the first three Thursdays in April, so we have moved our larger outings to Fridays. In addition to our regular shopping trips, scenic rides and walks, in April we offer:

### ABBOT SQUARE LUNCH & MUSEUM OF HISTORY April 4th at 11AM

Abbott Square offers a unique experience: a lively gathering space, where delicious food and enchanting live music collide. The museum features art and history exhibitions, visual and performing artworks and education and cultural celebrations.

#### UCSC ARBORETUM

April 11th at 10AM

The succulent gardens feature over 400 varieties of succulents and plants - both popular and rare. This 3-acre nursery displays plants in both greenhouses and outdoors.

### SEYMOUR LONG MARINE LAB & PICNIC LUNCH

April 18th at 10AM

The Seymour Center has hands on exhibits, an aquarium, and offers guided tours and educational programs.

### CORRALITOS MEAT MARKET

April 23rd at 10AM

This local country store offers great varieties of hand-made sausages and in-house marinated meat products.

#### CHICOS IN LOS GATOS & LUNCH

April 24th at 10AM

Shop at this boutique store for the latest styles in women's clothing jewelry & accessories.

#### ZINNIAS GIFT SHOP

April 25th at 10AM

Zinnia's Gift Boutique offers an assortment of delightful items and gifts for home and garden including decor, gournet cooking items, fine furniture, jewelry, and clothing.

# Oaks Store Hours Reminder



## APRIL BIRTHDAYS

03 Bill O'Connor

05 Sr. Veronica Kelley

06 Will McCahon

07 Jenny Birnbach

07 Jim Foote

09 Rosalie Silverglate

10 Anne Boyd

10 Cathie Mueting

12 Ina Jacobson

14 Gene Handloff

15 Judy Barry

15 Les Yeffa

20 Galen Hilgard

21 Jerry Houser

25 Mary Ellen

McTamaney

23 RJ Middough

26 Roy Vigliecca

30 Doris Knudsen

30 Bob Beck

Our convenient and resident-run Oaks Store is open every Wednesday from 10:15-2:15pm.

Please come by during this time for toiletries, snacks, household items, gifts, cards and more!

DEPARTMENT
MANAGERS
831.462.6257

Administrator:

Amy Saulnier

Activities:

Annette Rau

Administrative Services:

Brenda Barber

Assisted Living:

Stacy Smith-Paynter

Dining Services:

Gerardo Piduca

Facilities & Housekeeping:

Eric Botkin

Food Service:

Chef Matt Mettalia

Marketing & Community

Relations:

Michelle Lackey & Cheir Harty

## REOCCURING OFFERINGS

### GRIEF SUPPORT GROUP

Every Thursday Morning

[10AM Garden Level Activity Room] [11AM Chapel]

Facilitated by Certified Grief Counseling Specialist Constance Blake, this group, limited to 12 attendees, will allow you to safely explore thoughts and feelings about grief, any type of grief, past or present. Allowing for the expression of your grief may create space for joy and purposeful living. All are most welcome in this confidential space.

### RESIDENT RUN POETRY GROUP

Every 4th Monday of the month

[3PM in the Private Dining Room]

All are welcome to recite your own poetry, read other poetry, or listen and share. For questions contact Genna Foster.

### POETRY READINGS IN GARDEN LEVEL

Every Sunday [1pm Garden Level Activity Room]

Seventeen year old Maddy Rutherford from Scotts Valley High will be volunteering her time with us by reading poems and leading discussions about the poems.

## **Spring Performances**

### SONG BATH - SANTA CRUZ THRESHOLD SINGERS

April 16th at 2:30pm in the Oaks Room

Santa Cruz Threshold Singers are part of Threshold Choir, a volunteer organization offering the gift of song at tender times. They sing when invited for people moving through a significant time of passage, their voices are a gift offered at no charge. They are spiritual but have no religious affiliation. They use their gentle voices to create community through song & moments of grace for good things to happen for us all.

### MUSICIAN "JUNEBUG" RETURNS

April 22nd at 2pm in the Oaks Room

Please come enjoy Kelly "Junebug" Bayer's mix of classic folk and jazz tunes, with the guitar, banjo, autoharp and harmonica, that will get your feet stomping and hands clapping

### NEXT STAGE PRODUCTIONS THEATER

April 23rd at 2pm in the Oaks Room

Join us for the 5th Annual Festival of Short Comedies! Come for the laughs as these experienced performers return again to delight us with their short comedies.

## **Dining Room Reminders**

As our community continues to grow, we're thrilled to see our dining room bustling with residents and their guests. To ensure a pleasant dining experience for all, we'd like to share a few important reminders:

- Guest Reservations: We kindly ask that all guests make a dining reservation at least 24 hours in advance so we can properly accommodate everyone.
- ☐ Open Seating: There are no assigned seats in the dining room. We encourage residents to enjoy flexibility in their seating arrangements and take the opportunity to meet new friends!
- Peak Dining Times: Our dining room can be quite busy, especially during prime dinner times. To enjoy a more relaxed experience, we encourage guests to consider joining us during our earlier or later dinner seatings, which tend to be less crowded. Thank you for your cooperation in making our dining room a welcoming and enjoyable space for all!

### MEET YOUR NEW NEIGHBORS

### MARGIT ARAMBURU

Margit is a 3rd generation Californian and graduate of Humboldt State College and UC Berkeley. Margit retired from the State of California as a Regional Planner in the San Francisco Bay Area and Delta. Margit came to Santa Cruz to be near her family. She has 2 grandchildren in Santa Cruz and 2 grandchildren in Atlanta, GA. Margit is active in the Daisy Auxiliary and Daisy Shop.

### JACKIE WATSON

Jackie was born in Palo Alto, California and has always called the Bay Area home. She and her husband Bill raised their four children in the Willow Glen area of San Jose for several years before moving to Morgan Hill. They bought what she called a "fake farm" complete with an old red tractor. Not only did her husband enjoy plowing the two acres, the children did too. Bill and Jackie loved their Japanese garden and apple orchard. Everyone did chores! Aside from the housework, there were dogs, chickens, turkeys, pigs, and two horses to be cared for. All of her kids graduated from college. Two of Jackie's daughters attended UCSC. Jackie's other daughter attended the University of Colorado and her son graduated from a Bay Area design school becoming a software architect. Jackie herself had a fulfilling career in real estate before becoming a stay at home mom. Jackie has seven beloved grandchildren between the ages of 2 and 15 and fortunately all live within an easy drive to Dominican Oaks. She has many great memories of her past, and hopes to have many more in her new home.