

DOMINICAN OAKS

COMMUNITY NEWSLETTER

SEPTEMBER 2024

A MESSAGE FROM OUR ADMINISTRATOR

Hi All and Happy September,

This month we are excited to announce the upcoming scheduled flu and Covid booster clinic. In August the FDA approved a new Covid vaccine aimed to enhance immune defenses against the newer strains of the Covid virus. While the CDC recommends receiving at least an annual vaccination, they encourage more frequent vaccinations for those 65 or older, those who are moderately to severely immunocompromised or those who have serious medical conditions. The flu and Covid booster clinic is scheduled to take place on Tuesday, October 22nd. Additional information including how to sign up for the clinic will be provided to residents in the upcoming weeks.

As a reminder, we are in California's fire season. Please do not have any open flames in your apartment (candles, incense, BBQs) and be mindful when using the stove top or oven. Individual space heaters are not permitted within the community and it is important to not overload circuits.

Amy Saulnier

RESIDENT MIXER

Mix and mingle with new, current and future residents at our monthly resident mixer on **Wednesday, September 25th from 3-4:30 PM on the Thomas Patio**. This month's mixer will feature a variety of wines from local Santa Cruz Wineries. Guests welcome!

GROUP BALL SPORTS

*Every Tues in Sept at 3:30 PM in
the Oaks Room*

Looking for a new, fun, and safe way to stay active? Come join Dr. Jason Shepardson and other residents in adapted sports activities designed to be safe, pain-free and fun! Last month's stand alone class was so popular we are now offering it weekly for the month of September.

BREAKFAST ON THE BEACH *Seacliff Beach*

Thurs, Sept 5th. Bus departs at 8 AM

Sign ups will go out on Sept. 1st at the Activity Desk in the Lobby.

Please show up ten minutes prior to departure to not lose your spot. Even if you get on the waitlist, please show up as we always have cancellations. We will be happy to schedule another breakfast on the beach if there is enough resident interest. Remember to bring a sweater in case it is foggy!





September Performances

FIAT MUSICA CHORAL

Every Thurs, Starting September 12th, 7 PM

Music brings beauty to the world! Fiat Musica Choral will resume their evening practice at Dominican Oaks. Residents are more than welcome to listen, being careful to come and go quietly and not interrupt them.

JOHNNY FABULOUS

Saturday, Sept 14th at 2 PM in the Oaks Room

Dominican Oaks welcomes back, Johnny Fabulous! Join your friends for an afternoon of music and fun.

KIP ALERT

Saturday, Sept 21st at 1:30 PM in the Oaks Room

Please join us for a performance from the wonderful, dynamic and crowd pleasing Kip Alert! He returns to our community with his toe tapping musicality to entertain us once again.

LIZZ FISCHER

Tues, Sept 24th at 2 PM in the Oaks Room

Lizz Fischer is a gifted pianist, keyboardist, & vocalist who blends elegant jazz & popular melodies with a soulful touch, to provide great music for any occasion.

DAISY AUXILIARY FASHION SHOW

Fri, Sept 27th at 2 PM in the Oaks Room

The Daisy Store owes its 1967 beginnings to a group of Santa Cruz women who had the vision to create an auxiliary-operated resale store to support the mission of Family Service Agency of the Central Coast. The Daisy Auxiliary operates under the Family Service Agency, a nonprofit. The Daisy Auxiliary now has more than 150 active and auxiliary members who work throughout the year to manage and staff the store and to raise additional funding for Family Service Agency through major fundraisers.

If you are a Santa Cruz area local, you might already know about us. If you are a bargain shopper fashionista you must attend this fashion show! So much fun and an opportunity to purchase beautiful clothes at a discounted price!

SEPTEMBER BIRTHDAYS

9/3 HILDA MURRAY

9/3 MARY ELLEN

CELESTINO

9/4 CHARLES ERNEST

9/6 PHYLLIS MOLINARI

9/8 SR. NOREEN NOLAN

9/9 EVELYN JONES

9/10 PAT MALLOY

9/10 SHARON MEYER

9/11 JIM WILLIAMS

9/13 SHARON ALLEN

9/14 ELAINE CALLAHAN

9/14 BEV VIGLIECCA

9/15 GAIL CORNELL-

KARPINSKI

9/16 JOAN OSBORNE

9/17 CLAIRE TEDSEN

9/18 PEGGY KOTTMEIER

9/22 KIM FUDGE

9/23 BLANCHE MOSS

9/23 JOYAN SVANCARA

9/24 ALMA KOPECK

9/24 JOHN HEYES

9/28 CAROL PAARMANN

9/30 SUSAN PEEPLES

9/30 JEAN PACHOLSKI

**DEPARTMENT
MANAGERS
831.462.6257**

Administrator:
Amy Saulnier

Activities:
Annette Rau

Administrative Services:
Brenda Barber

Assisted Living:
Stacy Smith-Paynter, RN

Dining Services:
Gerardo Piduca

Facilities & Housekeeping:
Eric Botkin

Food Service:
Chef Matt Mettalia

**Marketing & Community
Relations:**
Cheir Harty

DOMINICAN DRAMATICS: PLAY READING AT THE OAKS

Searching for readers/actors & actresses interested in reading Oscar Wilde's comedic play, The Importance of Being Earnest (which is currently being performed by Shakespeare Santa Cruz). No prior acting experience required, and we will provide the scripts. Members of the Dominican Oaks community would gather to read the parts of this lively comedy.



CASTING will take place on Tuesday, Sept. 10
at 1pm in the Oaks Room

READING the play will take place on Friday, September 13
at 1:30pm in the Oaks Room

VIEWING the film of the play on Friday, September 20
at 7:15pm in the Oaks Room

Walker Clinic

Come have your walker properly adjusted to your height and needs. Learn how to correctly and safely use your walker for maximum efficiency and best posture.

Physical Therapist Jason Shepardson will be assisting you.

Wed, Sept 11

3:30pm Oaks Room

Wellness Support Group!

The newly formed Dominican Oaks Wellness Support Group will focus on health and wellness for the entire community!

This is a resident run group, and we warmly welcome all to attend.

Monday, Sept 2

3:30pm Oaks Room

Death Café with Carol Morgan

Just what is a Death Café? It is a safe space where those who would like may talk about death. Even though death is an event that will happen to each one of us, it is often treated as a taboo subject in our culture. It is understandable that one might have some burning questions or thoughts on the subject that want to be shared.

We bring our open hearts and minds and lighten the load on our chests.

Wednesday, Sept 25

1:30pm Oaks Room

MEET YOUR NEW NEIGHBORS

HARRY BARLOW

Harry Barlow was born and raised in Denver, Colorado with his four siblings. When Harry was 10 years old, Harry's parents parted ways. This resulted in Harry's mother and the kids struggling financially. Harry worked his way through college as a window washer and graduated from the University of Denver with a major in Electrical Engineering. Shortly after graduating, he moved to Aurora, Colorado, then to San Diego, California. Along the way he married his first wife Gwen Griffith, a lovely violinist. Harry and Gwen had a daughter and adopted their son. Harry enjoyed playing basketball and baseball, and even coached a baseball team of 10-year-old boys for 2 years.

Harry lived briefly in Iowa and worked as a civil servant at the Rock Island Arsenal for the U.S. Government. Then, he transferred to San Francisco to work at the Hunters Point Naval Shipyard. Then, he took overseas assignments, one working around the Mediterranean while living in Madrid for 3 years, and the other, remodeling palaces into U.S. Embassies in small countries spun off from the USSR, such as Georgia (Tbilisi), Armenia (Yerevan), and Azerbaijan (Baku). Many adventures along the way, included being robbed by rifle-toting gunmen at the Armenia-Georgia border. Harry and his family returned to San Francisco and resumed passions such as dancing, running a dance at a senior center in west Santa Cruz, and also volunteering playing boom-box music at Aegis and dancing with the ladies there, all for gas money.

After 48 years of marriage, Gwen lost her battle with cancer. Soon, Harry went on plentyoffish.com and found a wonderful "fish", named Gayle Teasdel. Gayle and Harry had 15 wonderful years together until Gayle was diagnosed with cancer and sadly passed away shortly after.

Gayle was the daughter of the President of the Key System which included trains, ferries, buses and a trucking company, and is today partly known as B.A.R.T. Despite their opposite financial and social upbringings, Harry and Gayle found each other and were each other's soulmates.

JULIA CORNBLATT

Julia is originally from London England, she came to the US in 1956 to work in map making in Washington DC. She met and married her first husband, Milton of 62 years. They worked together in Virginia at their Pharmacy until they retired. Their next move was to Kitty Hawk, NC where she became a Real Estate broker and worked for a building firm. During this time, she served on the Economic and Highway Advisory Board in Currituck County. Julia's husband became ill with Alzheimer's, they moved to Virginia Beach for better medical care. During this time Julia attended The Jewelry Design Institute in Richmond, VA, something she's always wanted to do. After graduation she studied in Kathmandu, Nepal where she found a company to manufacture her designs. They moved to Aptos to be near their children, Maurice and Rachel. Four years ago Julia met Sal, a retired commercial artist, they married 3 years ago, he passed away in May from Covid. I am looking forward to meeting you all soon!

CLAIRE WEBER

Claire was born and raised in Grand Rapids, MI with her parents, Peter and Lois, her brothers John and Dan. Life eventually took her to Detroit where she spent several years at General Motors before the entrepreneurial bug bit. In 1980 she launched the Troy Somerset Gazette, a local newspaper that she ran for 37 years. Claire has come to California to be closer to her son, Chris, and his wife Whitney. She'll be joined by her Italian Greyhound, Dante!