

September 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Giving Table AR</p> <p>10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>2 Labor Day!</p> <p>Giving Table AR</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 WELLNESS SUPPORT OR</p> <p>7:15 Current Events Discussion OR</p>	<p>3 Giving Table AR</p> <p>10:00 Men's Bible Study CH</p> <p>10:00 BUS Safeway SV</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Marshalls</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 Zentangles OR</p> <p>3:30 BALL SPORTS w/ JASON OR</p>	<p>4 All day Messages WC</p> <p>9:15 Yoga w/ Alison GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p>	<p>5 All day Messages WC</p> <p>8:00 BUS BREAKFAST ON THE BEACH</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>1:30 BUS Westlake Ducks</p> <p>2:00 Painting Class OR</p>	<p>6 9:15 Yoga w/ Alison GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:00 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along GC</p> <p>1:30 Pinochle - near D204</p> <p>3:00 Alison Grooves OR</p> <p>7:15 Weekend Movie OR</p>	<p>7 11:00 Tai Chi Movement w/Alison OR</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>8 10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 Richard Stauff Piano GLAR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>9 9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 PLAY Casting OR</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>10 10:00 Men's Bible Study CH</p> <p>10:00 BUS Trader Joes & Michaels</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Michelle driving medical instead of afternoon bus</p> <p>1:30 Blood Pressure Check WC</p> <p>2:00 Bill Parks Discussion OR</p> <p>3:30 BALL SPORTS w/ JASON OR</p>	<p>11 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>2:00 Joe Ferrara GC</p> <p>2:00 Hearing Aid Check WC</p> <p>3:30 WALKER CLINIC OR</p> <p>7:00 BINGO OR</p>	<p>12 All day Messages WC</p> <p>No bus today - Michelle out</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>13 9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:30 PLAY Reading OR</p> <p>3:00 Jewish Cultural Club CH</p> <p>7:15 Weekend Movie OR</p>	<p>14 11:00 Tai Chi w/Alison OR</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 Johnny Fabulous OR</p> <p>2:00 Book Chats CH</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>15 10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>16 9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>17 10:00 Men's Bible Study CH</p> <p>10:00 BUS Nob Hill & CVS</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 BUS Target & Dollar Tree</p> <p>1:30 Blood Pressure Check WC</p> <p>3:30 BALL SPORTS w/ JASON OR</p>	<p>18 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>2:30 Activity Forum GC</p> <p>7:00 BINGO OR</p>	<p>19 All day Messages WC</p> <p>10:30 Pacific Grove Brunch & Natural History Museum</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>20 9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Harmonics</p> <p>1:30 Ellen & Glen Sing Along GC</p> <p>1:30 Pinochle - near D204</p> <p>3:00 Alison Grooves OR</p> <p>7:15 MOVIE: The Importance of Being Earnest OR</p>	<p>21 11:00 Tai Chi w/Alison OR</p> <p>11:00 Ping Pong TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Kip Allert Performs OR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>22 10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>1:30 Episcopal Service CH</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>23 9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:00 Death Cafe OR</p> <p>7:15 Current Events Discussion OR</p>	<p>24 10:00 Men's Bible Study CH</p> <p>10:00 BUS Whole Foods</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Walgreens</p> <p>2:00 Vocalist LIZZ OR</p> <p>3:30 BALL SPORTS w/ JASON OR</p>	<p>25 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>3:00 Resident Mixer OR</p> <p>7:00 BINGO OR</p>	<p>26 All day Messages WC</p> <p>10:00 BUS Gizdich Ranch</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Ping Pong TP</p> <p>1:30 BUS Martinellis</p> <p>2:00 Painting Class OR</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>27 9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>2:00 FASHION SHOW OR</p> <p>3:00 Jewish Cultural Club CH</p> <p>7:15 Weekend Movie OR</p>	<p>28 11:00 Tai Chi w/Alison OR</p> <p>11:00 Ping Pong TP</p> <p>12-3 OLLI music group OR</p> <p>1:00 Creative Writing PDR</p> <p>2:00 Book Chats CH</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>29 10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>30 9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>			<p>NOTE!</p> <ul style="list-style-type: none"> New Events highlighted in Yellow For 9/11 Hearing Aid Check, call: 831-462-8260 Recycle Tuesdays 	<p>KEY:</p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Lvl Activity Room</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p>	<p>KEY:</p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Room</p>