

## Garden Level September 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 <b>Giving Table AR</b></p> <p>10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p style="text-align: center;">All day Table Games GLAR</p>	<p>2 <b>Labor Day!</b></p> <p><b>Giving Table AR</b></p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p><b>3:30 WELLNESS SUPPORT OR</b></p> <p>7:15 Current Events Discussion OR</p>	<p>3 <b>Giving Table AR</b></p> <p><b>9:45 Conversations w/Amy GLAR</b></p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p><b>10:00 BUS Safeway SV</b></p> <p>1:00 Documentary GLAR</p> <p><b>1:30 BUS Marshalls</b></p> <p>1:30 Bookmobile - Lobby</p> <p><b>1:30 Zentangles OR</b></p> <p>1:30 Blood Pressure Check WC</p> <p><b>3:30 BALL SPORTS w/ JASON OR</b></p>	<p>4</p> <p><b>All Day Massages WC</b></p> <p><b>9:15 Yoga w/ Alison GLAR</b></p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness</p> <p>1:00 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p><b>2:30 Managers Forum OR</b></p> <p>7:00 BINGO OR</p>	<p>5 <b>All Day Massages WC</b></p> <p><b>8:00 BUS BEACH BREAKFAST</b></p> <p>9:45 Current Events GLAR</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Ping Pong TP</p> <p><b>1:30 BUS Westlake Ducks</b></p> <p>2:00 Painting Class OR</p>	<p>6</p> <p><b>9:15 Yoga w/ Alison GLAR</b></p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:00 Harmonics OR</p> <p><b>1:30 Ellen &amp; Glen Sing Along GC</b></p> <p>1:30 Pinochle - near D204</p> <p><b>3:00 Alison Grooves OR</b></p> <p>6:00 Movie GLAR</p>	<p>7</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Creative Writing PDR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p>
<p>8</p> <p>10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p><b>1:30 Richard Stauff Piano GLAR</b></p> <p>2:15 Weekend Movie OR</p> <p style="text-align: center;">All day Table Games GLAR</p>	<p>9</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p><b>1:00 PLAY Casting OR</b></p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>10 10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p><b>10:00 BUS Trader Joes &amp; Michaels</b></p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Giant Crossword GLAR</p> <p><b>1:30 Michelle driving medical instead of afternoon bus</b></p> <p>1:30 Blood Pressure Check WC</p> <p><b>2:00 Bill Parks Discussion OR</b></p> <p><b>3:30 BALL SPORTS w/ JASON OR</b></p>	<p>11 <b>All Day Massages WC</b></p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness</p> <p>1:00 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p><b>2:00 Joe Ferrara GC</b></p> <p><b>2:00 Hearing Aid Check WC</b></p> <p><b>3:30 WALKER CLINIC OR</b></p> <p>7:00 BINGO OR</p>	<p>12 <b>All Day Massages WC</b></p> <p>9:45 Current Events GLAR</p> <p><b>No bus today - Michelle out</b></p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Ping Pong TP</p> <p>2:00 Painting Class OR</p> <p><b>7:00 Fiat Musica Rehearsal OR</b></p>	<p>13</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p><b>1:30 PLAY Reading OR</b></p> <p>3:00 Jewish Cultural Club CH</p> <p>6:00 Movie GLAR</p>	<p>14</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Creative Writing PDR</p> <p><b>12:30 BINGO GLAR</b></p> <p>1:30 Tech Assistance LB</p> <p><b>2:00 Johnny Fabulous OR</b></p> <p>2:00 Book Chats CH</p> <p>4:00 Catholic Mass OR</p>
<p>15</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p style="text-align: center;">All day Table Games GLAR</p>	<p>16</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>17 10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p><b>10:00 BUS Nob Hill &amp; CVS</b></p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Documentary GLAR</p> <p>1:00 Mahjong Playing AR</p> <p><b>1:30 Zentangles OR</b></p> <p>1:30 Bookmobile - Lobby</p> <p><b>1:30 BUS Target &amp; Dollar Tree</b></p> <p><b>3:30 BALL SPORTS w/ JASON OR</b></p>	<p>18 <b>All Day Massages WC</b></p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p>10:30 Women's Support CH</p> <p>1:00 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p><b>2:30 Activity Forum GC</b></p> <p>7:00 BINGO OR</p>	<p>19 <b>All Day Massages WC</b></p> <p>9:45 Current Events GLAR</p> <p><b>10:30 Pacific Grove Brunch &amp; Natural History Museum</b></p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>2:00 Painting Class OR</p> <p><b>7:00 Fiat Musica Rehearsal OR</b></p>	<p>20</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p><b>1:00 BINGO GLAR</b></p> <p>1:00 Chess Club LB</p> <p><b>1:30 Ellen &amp; Glen Sing Along GC</b></p> <p>1:30 Pinochle - near D204</p> <p><b>3:00 Alison Grooves OR</b></p> <p><b>7:15 MOVIE: The importance of Being Earnest OR</b></p>	<p>21</p> <p>10:30 Tai Chi w/Alison GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Creative Writing PDR</p> <p><b>1:30 Kip Allert OR</b></p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p>
<p>22</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p><b>1:30 Episcopal Service CH</b></p> <p>2:15 Weekend Movie OR</p> <p style="text-align: center;">All day Table Games GLAR</p>	<p>23</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p><b>3:00 Death Cafe OR</b></p> <p>7:15 Current Events Discussion OR</p>	<p>24 <b>10:00 BUS Whole Foods</b></p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Rosary CH</p> <p>1:00 Mahjong Playing AR</p> <p><b>1:30 BUS Walgreens</b></p> <p><b>2:00 Vocalist LIZZ OR</b></p> <p><b>3:30 BALL SPORTS w/ JASON OR</b></p>	<p>25 <b>All Day Massages WC</b></p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p>10:30 Women's Support CH</p> <p>1:00 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p><b>3:00 Resident Mixer OR</b></p> <p>7:00 BINGO OR</p>	<p>26 <b>All Day Massages WC</b></p> <p>9:45 Current Events GLAR</p> <p><b>10:00 BUS Gizdich Ranch</b></p> <p>10:00 Meditation CH</p> <p>10:00 Line Dancing OR</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Ping Pong TP</p> <p><b>1:30 BUS Martinellis</b></p> <p>2:00 Painting Class OR</p> <p><b>7:00 Fiat Musica Rehearsal OR</b></p>	<p>27</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p><b>2:00 FASHION SHOW OR</b></p> <p>3:00 Jewish Cultural Club CH</p> <p>6:00 Movie GLAR</p>	<p>28</p> <p>10:30 Tai Chi w/Alison GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>12-3 OLLI music group OR</p> <p>1:00 BINGO GLAR</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 Book Chats CH</p> <p>4:00 Catholic Mass OR</p>
<p>29</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>2:15 Weekend Movie OR</p> <p style="text-align: center;">All day Table Games GLAR</p>	<p>30</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Dream On GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>			<p><b>NOTE!</b></p> <ul style="list-style-type: none"> <li>New Events in <b>Yellow</b></li> <li>For 9/11 Hearing Aid Check, call: <b>831-462-8260</b></li> <li><b>Recycle Tuesdays</b></li> </ul>	<p><b>KEY:</b></p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Lvl Activity Room</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p>	<p><b>KEY:</b></p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Room</p>