

DOMINICAN OAKS

COMMUNITY NEWSLETTER

JULY 2024

A WORD FROM OUR ADMINISTRATOR

Hello All and Happy July,

We are thrilled to announce that our Annual Family BBQ is just around the corner! This beloved event is one of the highlights of our year, and we're excited to bring it to life in our beautiful Garden Courtyard. This year's County Fair theme promises to be an unforgettable experience, complete with fair-inspired cuisine, lively music, cotton candy and a caricature artist. Residents are invited to bring their families and friends along to join in the festivities. Mark your calendars and we look forward to seeing you there! Don't miss out on the opportunity to connect with your community and make some unforgettable memories.

Amy Saulnier

**FAMILY
BBQ**

Get ready for a fun-filled summer afternoon in the Garden Courtyard on Saturday, July 13th from 11 AM to 3 PM. Enjoy live music, a caricature artist, and a delicious spread of food and drinks. Doors open at 11 AM, and seating is available on a first-come, first-served basis - don't worry, there's plenty of room to relax! Dinner on the 13th will be boxed and available to pick up at the front desk after 5 PM that day.

Please note that the Garden Courtyard will be closed for set up and break down on Friday, July 12th through the 14th. We're expecting a large crowd, so to ensure a smooth event, we kindly ask that you adhere to posted guidelines.

Mark your calendars for Saturday, July 13th and get ready for a fantastic afternoon in the sun!

RESIDENT MIXER

Weds, July 31st at 3-4:30 PM in the Thomas Patio

Join us for a Mediterranean-inspired evening of fun and community at our Capri-themed resident mixer on July 31st! Our new residents will be introduced by their buddies, and we'll be serving a selection of delicious appetizers and refreshing drinks. Take a break from the heat and enjoy some great company, good conversation, and a taste of the Mediterranean in the heart of our community. Don't miss out on this wonderful opportunity to get to know your neighbors and make new friends - mark your calendars for July 31st!

4TH OF JULY CELEBRATION

Thurs, July 4th at 1 PM in the Garden Courtyard

Celebrate Independence Day with an old time afternoon social. Come mingle with old friends and new in our lovely Garden Courtyard where we will enjoy tasty treats, champagne and sparkling cider to celebrate our country's birthday!

Special Guest JADE performs at 1:30pm!

JULY ACTIVITIES UPDATES

SING ALONG RETURNS

Sing along will resume starting this month and continue every **first and third Friday at 1:30 PM in the Garden Courtyard**. Join in the musical fun with Glenn and Ellen and welcome them home from their European travels!

ELDER WISDOM WITH TOM TRUJILLO

Tues, July 19th at 2 PM in the Oaks Room

The Elder Wisdom Writing Project is a way of communicating important and possibly lesser-known facts, of your adventures and achievements. The project's ultimate goal is to create your own narration and guide you through the steps to eventually produce a book; a lasting legacy that your family and friends will treasure for many years.

CABRILLO THEATER TRIP

Sun, July 21st at 1 PM, Bus Departs from Lobby

Come join us as we see the Tony award winning musical In The Heights featuring music written by the creator of Hamilton. Tickets must be individually purchased ahead of time directly from Cabrillo (Box office (831) 479-6154)). Please obtain tickets in rows L or M so that we can be seated together in the most accessible seats near the restrooms.

GROUP WALK TO FIREFLY COFFEE HOUSE

Thurs, July 11th at 10:30 AM, Meet in lobby

Join Activities Team Annette and Shannon as they explore the local area by foot! The trip will take about 20 minutes to walk to the coffee shop where we will rest and enjoy a beverage and return back to the community in time for lunch at noon.

PROFESSOR BOWMAN PRESENTS: TRIP TO AFRICA

Fri, July 26th at 2 PM in the Oaks Room

Professor Barry Bowman shares his trip to Africa via a series of slides

BATTLING BELLA! PRESENTATION

Thurs, July 11th at 10:30 AM, Meet in lobby

Famous feminist Bettina Aptheker presents, "Battling Bella! The Life and Times of Bella Abzug". Bella was a civil rights lawyer, social justice activist and among the most prominent and outspoken founders of the Women's Liberation Movement. She was also the first woman elected to Congress and a very early advocate for environmental justice. We will have lots of fun talking about her life, work, passion and courage.

JULY BIRTHDAYS

02 BARBARA WILES

04 ARLENE SHATSKY

05 AUDREY BARNETT

06 BETTY ANN

ALTMAN -

TURNING 101!

08 RUTH LIPSON

09 WALTER HICKEY

10 JEANNE

TREBBIEN

13 MARY SILVER

13 SANDY SILVER

15 JOHN PIKE

15 SUZANNE FOSTER

17 DOTTY LIEBER

19 KAY KITTREDGE

20 LOIS WIDOM

21 DONNA MANNING

28 ANN HENDRICKS

30 TERRY BURKE

DEPARTMENT
MANAGERS
831.462.6257

Administrator:
Amy Saulnier

Activities:
Annette Rau

Administrative Services:
Brenda Barber

Assisted Living:
Stacy Smith-Paynter

Dining Services:
Gerardo Piduca

Facilities &
Housekeeping: Eric
Botkin

Food Service:
Chef Matt Mettalia

Marketing & Community
Relations:
Cher Harty

DOMINICAN OAKS SUMMER Music Series

SARAH SONGBIRD PERFORMACE

Fri, July 12th at 2 PM in the Thomas Patio

Sarah Songbird is a singer and songwriter based in Santa Cruz, California. Her music honors the beautiful multidimensionality of the human experience and invites her listeners to feel right along with her. Sarah draws inspiration from both her inner and outer landscapes, spinning lyrical metaphors that point to the parallels between the cycles of nature and life.

JUNEBUG FOLK MUSIC

Weds, July 24th at 2 PM in the Garden Courtyard

Enjoy Kelly "Junebug" Bayer's mix of classic folk and jazz tunes, with the guitar, banjo, autoharp and harmonica, that will get your feet stomping and hands clapping. This event was rescheduled from May.

GIAN LAZARUS (PIANO)

Tues, July 23rd at 2 PM in the Oaks Room

Gian is a Santa Cruz High School student and recipient of the Santa Cruz Symphony Scholarship. He plays popular music and jazz standards. Let's give this young man a warm Dominican Oaks welcome!



WHALE CITY BAKERY IN DAVENPORT

Thurs, July 18th departing lobby at 10 AM

Enjoy a scenic drive to Whale City Bakery in Davenport, where we will have time for a drink/snack while taking in the view, before returning home in time for lunch.

BOOKSHOP SANTA CRUZ

Thurs, July 18th departing lobby at 1:30 PM

Bookshop Santa Cruz is a downtown staple. Enjoy a leisurely hour to browse the shelves of this beloved local favorite.

WESTCLIFF DRIVE

Thurs, July 25th departing lobby at 10 AM

Enjoy a scenic drive along picturesque and iconic Westcliff Drive, passing by the lighthouse and watching the surfers in the waves.

GIZDICH RANCH

Thurs, July 25th departing lobby at 1:30 PM

Visit iconic Gizdich Ranch in Watsonville known for their incredible berry pies, ice cream, farm store and antique shop. Do not miss a chance to take a trip to this summer favorite!



Activity Updates:

New Qi Gong Schedule: Qi Gong has been switched to Sundays at 1 PM in the Oaks Room.

Giving Table Returns: Get ready for an eco-friendly event! The Acorn Room will be transformed into a swap shop on July 1st, 2nd, and 3rd, where residents can bring gently used items they no longer need and take home something new to love! Simply drop off your unwanted items at the designated tables and browse through what others have brought to find a treasure or two. This is a great opportunity to declutter, reduce waste, and connect with your community - so mark your calendars and come prepared to find some fantastic bargains!

MEET YOUR NEW NEIGHBORS

JUDY RICHARDS

I was born in the cold winter of January in Cleveland, Ohio. I moved with my big brother and my parents to sunny Phoenix, AZ for my mother's asthma. In those days people said you had to be sick or crazy to go to Phoenix because only a huge block of ice in front of a fan was the air cooling system. Fortunately, we all survived the heat until 25 years later when my husband and 2 children moved to Tucson, Arizona.

I then attended the University of Arizona and got a degree in Home Economics Education, but after graduation went to work in the military complex of Howard Hughes's missile systems company until I moved to the beautiful land of Scotts Valley.

I like to be with people and enjoy conversation, play the game of Bridge occasionally, and share good times together. I'm looking for a nice man who can set up my computer! My name is Judy (named after the actress and singer, Judy Garland. Thank you!

PACO RAMIREZ

I'll turn 85 on Friday, June 21; so you might say that I've entered a new phase in my life by moving to Dominican Oaks. At least, that's how I feel. I have a Ph.D. in Romance Languages - UC Berkeley - which has nurtured my interest in Hispanic Culture and theater. As a matter of fact, in the last few years I have devoted time and effort to the reading of plays in English (Shakespeare, Shaw, Wilder) as a hobby. If there is an interest among residents, we could look into extending readings. I welcome any ideas.

JUDITH DEW

My Husband died suddenly(heart attack) six months ago. I have been lonely and sad and need to live around people. I don't cook. My husband had been doing the cooking ever since my son died over seven years ago. I have Long Covid - was in bed for a long time. I am just now learning to drive again and getting strong enough to walk and carry on normal functions. I think Dominican Oaks will be what I need to reestablish myself in the world.