

July 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE!</p> <ul style="list-style-type: none"> New Events highlighted in Yellow For 7/10 Hearing Aid Check, call: 831-462-8260 Recycle Tuesdays 	<p>1 Giving Table AR</p> <p>9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 Stanford Health Video OR 7:15 Current Events Discussion OR</p>	<p>2 Giving Table AR</p> <p>10:00 Men's Bible Study CH 10:00 No BUS - Michelle vacation 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Blood Pressure Check WC 1:30 Group WALK meet in lobby 1:30 Zentangles OR</p>	<p>3 Giving Table AR</p> <p>All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 Sewing Circle - CH 2:30 Managers Forum OR 7:00 BINGO OR</p>	<p>4 Happy 4th of July!</p> <p>No Bus - Michelle Vacation</p> <p>10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:00 Pool Playing Group C3 1:00 Ping Pong TP 1:00 Fourth of July Social GC 1:30 Jade Performs GC</p>	<p>5</p> <p>9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:00 Harmonics OR 1:30 Ellen & Glen Sing Along GC 1:30 Pinochle - near D204 3:00 Dance Workshop OR 7:15 Weekend Movie OR</p>	<p>6</p> <p>11:00 Tai Chi Movement w/Alison OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>7</p> <p>10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 1:00 Qi Gong OR 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP</p>	<p>8</p> <p>9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 Stanford Health Video OR 7:15 Current Events Discussion OR</p>	<p>9</p> <p>10:00 Men's Bible Study CH 10:00 No Bus, Michelle Vacation 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Blood Pressure Check WC 1:30 Bookmobile - Lobby 2:00 Writing Workshop OR</p>	<p>10 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 Sewing Circle - CH 2:00 Joe Ferrara OR 2:00 Hearing Aid Check WC 7:00 BINGO OR</p>	<p>11 All day Massages WC</p> <p>10:30 WALK to Firefly Coffee</p> <p>10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:00 Pool Playing Group C3 1:00 Ping Pong TP 1:30 No BUS - Michelle vacation 2:00 Painting Class OR</p>	<p>12</p> <p>9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Sarah Songbird TP 3:00 Jewish Cultural Club CH 7:15 Weekend Movie OR</p>	<p>13</p> <p>FAMILY BBQ ALL DAY!!!</p> <p>11:00 Joe Ferrara Performs GC 11:00 Ping Pong TP 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>14</p> <p>10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Qi Gong OR 1:30 Richard Stauff Piano GLAR 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP</p>	<p>15</p> <p>9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 Stanford Health Video OR 7:15 Current Events Discussion OR</p>	<p>16</p> <p>10:00 Men's Bible Study CH 10:00 BUS Safeway SV 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Zentangles OR 1:30 BUS Marshalls 1:30 Blood Pressure Check WC</p>	<p>17 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 Sewing Circle - CH 2:30 ACTIVITY FORUM GC 7:00 BINGO OR</p>	<p>18 All day Massages WC</p> <p>10:00 BUS Scenic Drive to Whale City Bakery in Davenport</p> <p>10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:00 Pool Playing Group C3 1:00 Ping Pong TP 1:30 BUS Bookshop Santa Cruz 2:00 Painting Class OR</p>	<p>19</p> <p>9:15 Yoga w/Neal GLAR 10:45 Fitness with Alison OR 1:00 Harmonics 1:30 Ellen & Glen Sing Along GC 1:30 Pinochle - near D204 3:00 Dance Workshop OR 7:15 Weekend Movie OR</p>	<p>20</p> <p>10:00 Parkinson Talk with Leslie OR 11:00 Tai Chi w/Alison OR 11:00 Ping Pong TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>21</p> <p>10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 BUS to Cabrillo Theater 1:00 Qi Gong OR 1:30 Episcopal Service CH 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP</p>	<p>22</p> <p>9:15 Yoga w/Neal GLAR 10:45 Fitness with Alison OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 Stanford Health Video OR 7:15 Current Events Discussion OR</p>	<p>23</p> <p>10:00 Men's Bible Study CH 10:00 Trader Joes/Michaels 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Blood Pressure Check WC 1:30 BUS Target & Dollar Tree SV 1:30 Bookmobile - Lobby 2:00 Pianist Gian OR</p>	<p>24 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Fitness with Alison OR 1:30 Sewing Circle - CH 2:00 JUNEBUG GC 7:00 BINGO OR</p>	<p>25 All day Massages WC</p> <p>10:30 BUS Sea Harvest Cafe</p> <p>10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 1:00 Ping Pong TP 1:30 BUS Feed Ducks West Lake 2:00 Painting Class OR</p>	<p>26</p> <p>9:15 Yoga w/Neal GLAR 10:45 Fitness with Alison OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Africa Presentation OR 3:00 Jewish Cultural Club CH 7:15 Weekend Movie OR</p>	<p>27</p> <p>11:00 Tai Chi w/Alison OR 11:00 Ping Pong TP 12-3 OLLI music group OR 1:00 Creative Writing PDR 2:00 Book Chats CH 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR</p>
<p>28</p> <p>10:00 David Field Performs!</p> <p>10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:00 Qi Gong OR 2:15 Weekend Movie OR</p>	<p>29</p> <p>9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 Stanford Health Video OR 7:15 Current Events Discussion OR</p>	<p>30</p> <p>10:00 Men's Bible Study CH 10:00 BUS Nob Hill/CVS 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Blood Pressure Check WC 1:30 BUS Capitola Mall 2:00 Feminist Bettina OR</p>	<p>31 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 Sewing Circle - CH 3:00 Resident Mixer OR 7:00 BINGO OR</p>		<p>KEY:</p> <p>GC - Garden Courtyard GLAR - Garden Lvl Activity Room TP - Thomas Patio CH - Chapel OR - Oaks Room</p>	<p>KEY:</p> <p>AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Room</p>
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