

Garden Level July 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE!</p> <ul style="list-style-type: none"> New Events in Yellow For 7/10 Hearing Aid <p>Check, call: 831-462-8260</p> <ul style="list-style-type: none"> Recycle Tuesdays 	<p>1 Giving Table AR</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 Stanford Health Video OR</p> <p>7:15 Current Events Discussion OR</p>	<p>2 Giving Table AR</p> <p>Conversations w/Amy GLAR</p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p>10:00 No Bus, Michelle Vacation</p> <p>11:00 Tai Chi Movement OR</p> <p>1:30 Group WALK meet in lobby</p> <p>1:30 Zentangles OR</p> <p>1:30 Blood Pressure Check WC</p> <p>2:15 Movie GLAR</p>	<p>3 Giving Table AR</p> <p>All Day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Garden Level Walking Grp</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness</p> <p>1:00 Bingo GLAR</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p>	<p>4 Happy 4th of July!</p> <p>10:00 No Bus - Michelle Vacation</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Ping Pong TP</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Fourth of July Social GC</p> <p>1:30 Jade Performs GC</p>	<p>5</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:00 Documentary GLAR</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along GC</p> <p>3:00 Dance Workshop OR</p> <p>6:00 Movie GLAR</p>	<p>6</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Creative Writing PDR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p>
	<p>7</p> <p>10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p>	<p>8</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 Stanford Health Video OR</p> <p>7:15 Current Events Discussion OR</p>	<p>9</p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p>10:00 No Bus, Michelle Vacation</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Giant Crossword GLAR</p> <p>1:00 Mahjong Playing AR</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 Bookmobile - Lobby</p> <p>2:00 Writing Workshop OR</p> <p>2:15 Movie GLAR</p>	<p>10 All Day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness</p> <p>12:30 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p>2:00 Joe Ferrara OR</p> <p>2:00 Hearing Aid Check WC</p> <p>7:00 BINGO OR</p>	<p>11 All Day Massages WC</p> <p>9:45 Current Events GLAR</p> <p>10:30 WALK to Firefly Coffee</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>1:30 No Bus - Michelle Vacation</p> <p>2:00 Painting Class OR</p>	<p>12</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Harmonics OR</p> <p>2:00 Sarah Songbird TP</p> <p>3:00 Jewish Cultural Club CH</p> <p>6:00 Movie GLAR</p>
<p>14</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>1:30 Richard Stauff Piano GLAR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p>	<p>15</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 Stanford Health Video OR</p> <p>7:15 Current Events Discussion OR</p>	<p>16</p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p>10:00 BUS Safeway SV</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:30 Zentangles OR</p> <p>1:30 BUS Marshalls</p> <p>1:00 Mahjong Playing AR</p> <p>2:00 Nick Royal Performs! GLAR</p>	<p>17 All Day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 GL Walking Group</p> <p>10:45 Annette's Fitness</p> <p>10:30 Women's Support CH</p> <p>1:00 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p>2:30 ACTIVITY FORUM</p> <p>7:00 BINGO OR</p>	<p>18 All Day Massages WC</p> <p>9:45 Current Events GLAR</p> <p>10:00 BUS Scenic Drive to Whale City Bakery in Davenport</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>1:30 BUS Bookshop Santa Cruz</p> <p>2:00 Painting Class OR</p>	<p>19</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Fitness with Alison OR</p> <p>1:00 Password Game GLAR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:30 Ellen & Glen Sing Along GC</p> <p>3:00 Dance Workshop OR</p> <p>6:00 Movie GLAR</p>	<p>20</p> <p>10:00 Parkinson Talk w Leslie OR</p> <p>10:30 Tai Chi w/Alison GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Creative Writing PDR</p> <p>1:00 BINGO GLAR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p>
<p>21</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>1:00 BUS to Cabrillo Theater</p> <p>1:30 Episcopal Service CH</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games GLAR</p>	<p>22</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Fitness with Alison OR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 Stanford Health Video OR</p> <p>7:15 Current Events Discussion OR</p>	<p>23 10:00 BUS Trader Joes & Michael</p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Rosary CH</p> <p>1:00 Mahjong Playing AR</p> <p>10:00 BUS Target & Dollar Tree SV</p> <p>1:30 Bookmobile - Lobby</p> <p>2:00 Pianist Gian OR</p>	<p>24 All Day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Fitness with Alison OR</p> <p>10:30 Women's Support CH</p> <p>12:30 Bingo GLAR</p> <p>1:30 Sewing Circle CH</p> <p>2:00 JUNEBUG GC</p> <p>7:00 BINGO OR</p>	<p>25 All Day Massages WC</p> <p>9:45 Current Events GLAR</p> <p>10:30 BUS Sea Harvest Cafe</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>1:00 Rummikub GLAR</p> <p>1:30 BUS Feed Ducks West Lake</p> <p>2:00 Painting Class OR</p>	<p>26</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Fitness with Alison OR</p> <p>1:00 Documentary GLAR</p> <p>1:00 Word Warp GLAR</p> <p>1:00 Chess Club LB</p> <p>3:00 Jewish Cultural Club CH</p> <p>1:30 Pinochle - near D204</p> <p>2:00 Africa Presentation OR</p> <p>6:00 Movie GLAR</p>	<p>27</p> <p>10:30 Tai Chi w/Alison GLAR</p> <p>11:00 Ping Pong TP</p> <p>11:00 Tai Chi Movement OR</p> <p>12-3 OLLI music group OR</p> <p>1:00 BINGO GLAR</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>2:00 Book Chats CH</p> <p>4:00 Catholic Mass OR</p>
<p>28 10:00 David Field Performs!</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>2:15 Weekend Movie OR</p> <p>30 10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Qi Gong OR</p> <p>2:15 Weekend Movie OR</p>	<p>29</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Rummikub GLAR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 Stanford Health Video OR</p> <p>7:15 Current Events Discussion OR</p>	<p>30</p> <p>10:00 Men's Bible Study CH</p> <p>10:30 Tai Chi Movement GLAR</p> <p>10:00 BUS Nob Hill & CVS</p> <p>1:00 Rosary CH</p> <p>1:00 Word Warp GLAR</p> <p>1:00 Mahjong Playing AR</p> <p>1:30 BUS Capitola Mall</p> <p>2:00 Feminist Bettina OR</p>	<p>31 All Day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 Garden Level Walking Grp</p> <p>10:45 Annette's Fitness OR</p> <p>10:30 Women's Support CH</p> <p>1:00 Bingo GLAR</p> <p>3:00 Resident Mixer OR</p> <p>7:00 BINGO OR</p>		<p>KEY:</p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Lvl Activity Room</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p>	<p>KEY:</p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Room</p>