## DOMINICAN OAKS COMMUNITY NEWSLETTER

#### APRIL 2024

#### A MESSAGE FROM OUR Administrator

I would like to extend our heartfelt thanks to all who joined us for our Easter Buffet last month. It was a joyous occasion filled with good food and great company, and we are grateful for the opportunity to celebrate with our community.

Looking ahead, we are pleased to announce that Dominican Oaks will be hosting a COVID-19 booster clinic on Tuesday, April 30th from 11-4pm. Details on how to register for this clinic will be provided shortly. It is important to note that the CDC has approved an additional dose of any of the 2023-2024 COVID-19 vaccines for all individuals aged 65 and older, at least 4 months after their last dose. If you are unsure if the COVID-19 booster is right for you, we recommend consulting with your physician for guidance.

Thank you for your attention to this important matter as we strive to keep our community safe and healthy.

Amy Saulnier

#### **REMINDER!**



Trash can only be placed outside your apartment for pick up <u>AFTER</u> 5 PM.

### SPRING CLEANING REMINDERS

As spring arrives, it's the perfect time to freshen up our living spaces by clearing out the winter clutter. We kindly ask residents to refrain from donating any items to the community including puzzles, clothing, or furniture. Instead, if you have gently used books in great condition, you can donate them to the book committee through the activities department. Any books that are not accepted for our library will be returned to you. Thank you for helping to keep our community clean and organized!

#### **MOTHER'S DAY**

Celebrate Mother's Day on May 12th with our special buffet! Sign-ups will open soon, so make sure to reserve your spot early for this highly anticipated event. It's our biggest of the year and you won't want to miss it!

## MONTHLY RESIDENT MIXER

Celebrate Cinco de Mayo early at the April Resident Mixer on Wednesday, April 24th from 3 to 4:30PM. Sip on delicious margaritas and snack on tasty appetizers as you mingle with current, new and future residents! Get ready to be transported to Mexico with our vibrant decorations and festive music.

New residents will be introduced by their buddies. Event will be held on the Thomas Patio weather permitting.



# BUS FRIPS

## APTOS LIBRARY & THE FARM BAKERY

April 4th at 10AM

Join us as we explore the brand new Aptos Library! We will make a pit stop at the locally famous, The Farm Bakery & Gift Shop for a coffee, snack or some shopping.

## SUCCULENT GARDENS

April 4th at 1:30 PM

Dominican Oaks visits our Spring favorite, Succulent Gardens which features over 400 varieties of succulents and plants, both popular and rare. This nursery covers over 3 acres and displays plants in both greenhouses and outdoors.

**GRAND OPENING! MICHAEL'S CRAFT STORE** April 9th at 10AM & April 16th at 1:30PM The wait is OVER! Michael's craft store has opened on 41st avenue. The store features all the products you need for home decor, scrapbooking, crafts and more. Come see what all the buzz is about!

## MUSEUM OF ART AND HISTORY & ABBOT SQUARE

## April 11th at 10AM

Explore Santa Cruz's Museum of Art and History located downtown and featuring a full slate of art and history exhibitions, visual and performing artworks, education and cultural celebrations. Just outside the museum's back door is Abbot Square, which has local food vendors serving up arepas, sushi, brick fired pizza, fried chicken and so much more!

#### **SEABRIGHT NATURAL HISTORY MUSEUM** April 11th at 1:30PM

From shoreline to the summit, the Seabright Natural History Museum highlights all the wonders of Santa Cruz. Get hands on with sea life in their touch pools or learn about the first peoples of California in their Native exhibit.

Follow us on Social Media for community photos and updates!

## APRIL BIRTHDAYS

03 Joan Lukan

03 Bill O'Connor

05 Sr. Veronica Kelley

06 Will McCahon

06 Vera Molinar

06 Des Stuart-Alexander

07 Jim Foote

**09 Rosalie Silverglate** 

**10 Cathie Mueting** 

12 Ina Jacobson

14 Gene Handloff

15 Judy Barry

15 Connie Clendenen 15 Les Yeffa

20 Galen Hilgard

**21 Jerry Houser** 

23 RJ Middough

26 Roy Vigliecca

**30 Bob Beck** 

Did you know we are on yelp?!



#### DEPARTMENT MANAGERS 831.462.6257

Administrator: Amy Saulnier

Activities: Annette Rau

Administrative Services: Brenda Barber

Assisted Living: Stacy Smith-Paynter

Dining Services: Gerardo Piduca

Facilities & Housekeeping: Eric Botkin

Food Service: Chef Matt Mettalia

Marketing & Community Relations: Cheir Harty

## SPRING PERFORMANCES

## CAPITOLA COMMUNITY CHOIR

April 9th at 7pm in the Oaks Room Please join us in welcoming back the local group!

### JOHNNY FABULOUS

April 9th at 2pm in the Oaks Room Johnny is back! Come see one of the community's most beloved regular performers.

**NEXT STAGE** April 10th at 2pm in the Oaks Room The beloved NEXT STAGE performers return with their Readers Theater 3rd annual Festival of 4 Short Comedies!

## CHARLIE LINDNER

April 12th at 3pm in the Oaks Room Back by popular demand, Charlie Lindner performs an exploration of music through the years.

### SPRING LAKE CHOIR

April 23rd at 2pm in the Oaks Room We welcome the marvelous signers of the Spring Lake community back to Dominican Oaks!

## OLLI MUSIC GROUP April 27th at 12pm in the Oaks Room

Osher Lifelong Learners Institute's music group is coming to Dominican Oaks for a special performance to sing us into the Spring Season!





### MITZVAH MUSIC WITH MARK LEVY April 26th, 2pm in the Oaks Room

Mark Levy has performed and taught in the San Francisco Bay area for 40 years at Temples, Synagogues, JCC's, HaMaqom (formerly Lehrhaus Judaica), Workers Circle, and other Jewish groups. He has appeared throughout the country, in Europe and Israel, and is a singer and lecturer who specializes in older Judaic folk music in Yiddish, Hebrew, and Ladino, Klezmer history and theory, and Jewish music history in general. He has performed for Yeshiva University Sephardic Dept.'s Semana Sepharad in New York, and is a cantorial soloist in California. He has released a fourth album of Jewish music entitled: "Bin Ikh Mir A Shnayderl: Yiddish Work Songs." All are welcome!

## Volunteers Needed!

Dominican Oaks is able to offer a robust calendar of activities and events due to the support of resident volunteers. Below are some open positions for those interested in leading and/or supporting our community groups:

- CHAPEL- The Catholic Rosary is held at 1pm on Tuesdays and is looking for someone to lead the service.
- LIBRARY- Our community library could greatly use a volunteer accustomed to organizing books.
- BINGO- Wednesday's BINGO game needs a volunteer to manage the bank. Game starts at 7 PM.

If you are interested in any of these volunteer opportunities, please contact our Activities Manager, Annette Rau at 831.464.4807.

Long-time resident Fran Stekoll noticed that we have 19 couples here at Dominican Oaks! Her curious mind and background in Social Services and Gerontology made her want to understand the secret to these long term unions.

After conducting an anonymous survey, the results are in! Many of you have been curious about these results and we are pleased to share them with you here: Trust, communication, respect, honesty, patience, sharing, caring & consideration.

## **MEET YOUR NEW NEIGHBORS**

## JERRY & JACKIE LOWE

We are the new kids on the block - we are Jerry and Jackie Lowe and our loyal, faithful, Yorkie companion - Percy...

We are from San Francisco, where Jerry owned and operated a sheet metal business for over thirty five years. Six years ago, we exchanged the noise of the city for the quiet of nature in Carmel.

We are looking forward to being part of the Dominican Oaks community, making new friends and participating in the many activities offered.

#### "Let Me Grow Lovely"

Let me grow lovely, growing old--So many fine things do: Laces, and ivory, and gold, And silks need not be new; And there is healing in old trees, Old streets a glamour hold; Why may not I, as well as these, Grow lovely, growing old?

