


April 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE!</p> <ul style="list-style-type: none"> New Events highlighted in Yellow For 4/10 Hearing Aid Check, call: 831-462-8260 Recycle Tuesdays 	<p>1</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>2 10:00 Men's Bible Study CH</p> <p>10-11 Resident Council Open OR</p> <p>10:00 BUS Safeway SV</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Marshalls</p>	<p>3 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>1:30 Joe Ferrara OR</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p>	<p>4 All day Messages WC</p> <p>10:00 BUS Library & Farm Bakery</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:15 Qi Gong OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 BUS Succulent Gardens</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>5</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:00 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along OR</p> <p>1:30 Pinochle - near D204</p> <p>3:00 Dance Workshop OR</p> <p>7:15 Weekend Movie OR</p>	<p>6</p> <p>11:00 Tai Chi Movement w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>7</p> <p>10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>8</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>3:30 Mission Joy - Dalai Lama movie OR</p> <p>7:15 Current Events Discussion OR</p>	<p>9 10:00 Men's Bible Study CH</p> <p>10:00 BUS Trader Joes & Michaels</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Capitola Mall</p> <p>2:00 Johnny Fabulous OR</p> <p>7:00 Capitola Choir OR</p>	<p>10 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>2:00 NextStage Comedies OR</p> <p>2:00 Hearing Aid Check WC</p> <p>7:00 BINGO OR</p>	<p>11 All day Messages WC</p> <p>10:00 BUS Santa Cruz MAH</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:15 Qi Gong OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 BUS Seabright Museum</p> <p>2:00 Painting Class OR</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>12</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Fitness with Alison OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>3:00 Jewish Cultural Club CH</p> <p>3:00 Charlie Lindner Performs OR</p> <p>7:15 Weekend Movie OR</p>	<p>13</p> <p>10:00 Parkinson's Support OR</p> <p>11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>2:00 Book Chats CH</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>14</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 Richard Stauff Piano GLAR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>15</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Fitness with Alison OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>16 10:00 Men's Bible Study CH</p> <p>10:00 BUS Nob Hill</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 BUS Micheals Crafts</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 Bookmobile - Lobby</p>	<p>17 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>2:30 ACTIVITY FORUM OR</p> <p>3:00 Down Memory Lane OR</p> <p>7:00 BINGO OR</p>	<p>18 All day Messages WC</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:15 Qi Gong OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>19</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along OR</p> <p>3:00 Dance Workshop OR</p> <p>7:15 Weekend Movie OR</p>	<p>20</p> <p>11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>21</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>22 Beginning of Passover</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>23</p> <p>10:00 Men's Bible Study CH</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>2:00 Spring Lake Choir OR</p>	<p>24 All day Messages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 Sewing Circle - CH</p> <p>3:00 Resident Mixer OR</p> <p>7:00 BINGO OR</p>	<p>25 All day Messages WC</p> <p>10:00 Line Dancing OR</p> <p>10:00 Meditation CH</p> <p>11:00 Women's Bible Study PDR</p> <p>11:15 Qi Gong OR</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>7:00 Fiat Musica Rehearsal OR</p>	<p>26</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>2:00 Mark Levy Passover Program OR</p> <p>7:15 Weekend Movie OR</p>	<p>27 11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>12-3 OLLI Music Group OR</p> <p>1:00 Creative Writing PDR</p> <p>2:00 Book Chats CH</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>28</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 Episcopal Service CH</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>29</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p>	<p>30 10:00 Men's Bible Study CH</p> <p>10:00 BUS Whole Foods</p> <p>11-4 COVID Vaccine Boosters OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Target/Dollar Tree</p>			<p>KEY:</p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Lvl Activity Room</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p>	<p>KEY:</p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Room</p>