

February 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOTE! - New Events highlighted in Yellow - For 2/14 Hearing Aid Check, call: 831-462-8260 Recycle Tuesdays		Happy Valentines's Month!		1 All day Messages WC 10:00 BUS MURAL Drive 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:00 Pool Playing Group C3 11:15 Qi Gong OR 1:30 BUS GL Scenic Drive 2:00 Painting Class OR 2:00 Sewing Circle - CH 7:00 Fiat Musica Rehearsal OR	2 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:00 Harmonics OR 1:30 Ellen & Glen Sing Along OR 1:30 Pinochle - near D204 3:00 Dance Workshop OR 7:15 Weekend Movie OR	3 11:00 Tai Chi Movement w/Alison OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR
4 10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 1:30 Richard Stauff Piano GLAR 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	5 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:00 Table Tennis TP 1:00 Foreign Movie GLAR 1:00 Meditation OR 7:15 Current Events Discussion OR	6 10:00 Men's Bible Study CH 10:00 Safeway & CVS - SV 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Zentangles OR 1:30 Bookmobile - Lobby 1:30 Blood Pressure Check WC 1:30 BUS Marshalls	7 All day Messages WC 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 TED TALK OR 2:30 Managers Forum OR 7:00 BINGO OR	8 All day Messages WC 8:30 BUS Ellas Breakfast 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 11:00 Pool Playing Group C3 1:30 BUS BOOKSHOP Santa Cruz 2:00 Painting Class OR 2:00 Sewing Circle - CH 7:00 Fiat Musica Rehearsal OR	9 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Gustavo Romero Piano OR 3:00 Jewish Cultural Club CH 7:15 Weekend Movie OR	10 10:00 Parkinson's Support OR 11:00 Tai Chi w/Alison OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 2:00 Book Chats CH 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR
11 SUPER BOWL 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 3:00 Superbowl Viewing OR All day Table Games AR All day Table Games TP	12 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:00 Table Tennis TP 1:00 Foreign Movie & discussion GLAR 2:00 Meditation OR 3:30 TED TALK OR 7:15 Current Events Discussion OR	13 10:00 Men's Bible Study CH 10:00 BUS Trader Joes 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 BUS Target/Dollar Tree SV 1:30 Blood Pressure Check WC 2:00 Karen Phoenix & Tom OR	14 Happy Valentine's Day! All day Messages WC 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 2:00 Hearing Aid Check WC 2:00 VALENTINE'S CHAMPAGNE CELEBRATION Sarah Songbird & Joe Ferrara! OR 7:00 BINGO OR	15 All day Messages WC 10:00 BUS Zinnia's Gift Shop 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 11:00 Pool Playing Group C3 1:30 BUS Whale City Bakery 2:00 Painting Class OR 2:00 Sewing Circle - CH 7:00 Fiat Musica Rehearsal OR	16 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 1:00 Harmonics OR 1:30 Ellen & Glen Sing Along OR 3:00 Dance Workshop OR 7:15 Weekend Movie OR	17 11:00 Tai Chi w/Alison OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR
18 10:00 David Field Performs GLAR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 All day Table Games AR All day Table Games TP	19 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:00 Table Tennis TP 1:00 Foreign Movie & discussion GLAR 2:00 Meditation OR 7:15 Current Events Discussion OR	20 10:00 Men's Bible Study CH 10:00 BUS Whole Foods 11:00 Tai Chi Movement OR 1:30 Zentangles OR 1:30 Blood Pressure Check WC 1:30 Bookmobile - Lobby 1:30 BUS Capitola Mall 7:00 Capitola Choir OR	21 All day Messages WC 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:30 TED TALK OR 2:30 ACTIVITY FORUM OR 3:00 JUNEBUG Performs OR 7:00 BINGO OR	22 All day Messages WC 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 2:00 Painting Class OR 2:00 Sewing Circle - CH 7:00 Fiat Musica Rehearsal OR	23 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Charlie Jazz Piano! OR 3:00 JCC Secular Group CH 7:15 Weekend Movie OR	24 11:00 Tai Chi w/Alison OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 2:00 Book Chats CH 1:30 Tech Assistance LB 4:00 Catholic Mass OR 7:15 Weekend Movie OR
25 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:30 Episcopal Service CH 2:15 Weekend Movie OR All day Table Games AR All day Table Games TP	26 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Catholic Bible Study CH 1:00 Table Tennis TP 1:00 Foreign Movie GLAR 2:00 Meditation OR 1:30 TED TALK OR 7:15 Current Events Discussion OR	27 10:00 Men's Bible Study CH 10:00 BUS Nob Hill & CVS 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Rosary CH 1:30 Blood Pressure Check WC 1:30 BUS Walgreens	28 All day Messages WC 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 3:00 Resident Mixer OR 7:00 BINGO OR	29 All day Messages WC 10:00 BUS Lighthouse Walk 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 1:30 BUS GL Scenic Drive BG 2:00 Painting Class OR	KEY: GC - Garden Courtyard GLAR - Garden Lvl Activity Room TP - Thomas Patio CH - Chapel OR - Oaks Room	KEY: AR- Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Room BG - Blue Gate