

Garden Level February 2024 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
NOTE! - New Events in Yellow - For 2/14 Hearing Aid Check, call: 831-462-8260 Recycle Tuesdays		Happy Valentines's Month!		1 All day Massages WC 9:45 Current Events GLAR 10:00 BUS MURAL Drive 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 1:00 Rummikub GLAR 1:30 BUS GL Scenic Drive 2:00 Painting Class OR	2 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:30 Pinochle - near D204 1:00 Documentary GLAR 1:00 Harmonics OR 1:30 Sing Along OR 3:00 Dance Workshop OR 5:30 Movie GLAR	3 10:30 Tai Chi Movement GLAR 11:00 Tai Chi Movement OR 1:00 Creative Writing PDR 1:00 BINGO GLAR 4:00 Catholic Mass OR
4 10:30 Yoga / Neal OR 11:00 Pool Playing Group C3 2:15 Weekend Movie OR 1:30 Richard Stauff Piano GLAR All day Table Games GLAR	5 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness 1:00 Foreign Movie & discussion GLAR 1:00 Catholic Bible Study CH 1:00 Table Tennis TP 2:00 Meditation OR 7:15 Current Events Discussion OR	6 9:45 Conversations w/Amy 10:30 Tai Chi Movement GLAR 10:00 Safeway & CVS - SV 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:00 Word Warp GLAR 1:30 Zentangles OR 1:30 Bookmobile - Lobby 1:30 Blood Pressure Check WC 1:30 BUS Marshalls 2:15 Movie GLAR	7 All Day Massages WC 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness OR 1:00 Bingo GLAR 1:30 TED TALK OR 2:30 Managers Forum OR 7:00 BINGO OR	8 All day Massages WC 9:45 Current Events GLAR 8:30 BUS Ellas Breakfast 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 1:00 Rummikub GLAR 1:30 BUS BOOKSHOP Santa Crz 2:00 Painting Class OR 7:00 Fiat Musica Rehearsal OR	9 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Gustavo Romero Piano OR 3:00 Jewish Cultural Club CH 5:30 Movie GLAR	10 10:00 Parkinson's Support OR 10:30 Tai Chi Movement GLAR 11:00 Tai Chi Movement OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 2:00 Book Chats CH 4:00 Catholic Mass OR
11 SUPER BOWL 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 3:00 Superbowl Viewing GLAR All day Table Games GLAR	12 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness 1:00 Foreign Movie & discussion GLAR 1:00 Table Tennis TP 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 TED TALK OR 7:15 Current Events Discussion OR	13 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 10:00 BUS Trader Joes 11:00 Tai Chi Movement OR 1:00 Mahjong Playing AR 1:30 BUS Target & Dollar Tree SV 2:00 Karen Phoenix & Tom OR	14 Happy Valentine's Day! All Day Massages WC 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness 10:30 Women's Support CH 2:00 Hearing Aid Check WC 2:00 VALENTINE'S CHAMPAGNE CELEBRATION Sarah Songbird & Joe Ferrara! OR 7:00 BINGO OR	15 All day Massages WC 9:45 Current Events GLAR 10:00 BUS Zinnia's Gift Shop 10:00 Line Dancing OR 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 1:00 Rummikub GLAR 1:30 BUS Whale City Bakery 2:00 Painting Class OR 7:00 Fiat Musica Rehearsal OR	16 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Word Warp GLAR 1:00 Chess Club LB 1:30 Pinochle - near D204 1:00 Harmonics OR 1:30 Sing Along OR 3:00 Dance Workshop OR 5:30 Movie GLAR	17 10:30 Tai Chi Movement GLAR 11:00 Tai Chi Movement OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 4:00 Catholic Mass OR
18 10:00 David Field Performs GLAR 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 All day Table Games GLAR	19 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Foreign Movie & discussion GLAR 1:00 Table Tennis TP 1:00 Catholic Bible Study CH 2:00 Meditation OR 7:15 Current Events Discussion OR	20 10:00 Men's Bible Study CH 10:00 BUS Whole Foods 10:30 Tai Chi Movement GLAR 1:00 Giant Crossword GLAR 1:00 Mahjong Playing AR 1:30 Zentangles OR 1:30 Bookmobile - Lobby :30 BUS Capitola Mall 2:15 Movie GLAR 7:00 Capitola Community Choir OR	21 All Day Massages WC 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 10:30 Women's Support CH 1:00 Bingo GLAR 1:30 TED TALK OR 2:30 ACTIVITY FORUM OR 3:00 JUNEBUG Performs OR 7:00 BINGO OR	22 All day Massages WC 9:45 Current Events GLAR 10:00 Line Dancing OR 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 1:00 Rummikub GLAR 2:00 Painting Class OR 7:00 Fiat Musica Rehearsal OR	23 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Word Warp 1:00 Chess Club LB 1:30 Pinochle - near D204 2:00 Charlie Jazz Piano! OR 3:00 JCC Secular Group CH 5:30 Movie GLAR	24 10:30 Tai Chi Movement GLAR 11:00 Tai Chi Movement OR 11:00 Table Tennis TP 1:00 Creative Writing PDR 1:00 BINGO GLAR 2:15 Garden Level Activity Forum 2:00 Book Chats CH 4:00 Catholic Mass OR
25 10:30 Yoga with Neal OR 11:00 Pool Playing Group C3 1:30 Episcopal Service CH 2:15 Weekend Movie OR	26 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 1:00 Foreign Movie & discussion GLAR 1:00 Table Tennis TP 1:00 Catholic Bible Study CH 2:00 Meditation OR 3:30 TED TALK OR 7:15 Current Events Discussion OR	27 10:00 Men's Bible Study CH 10:30 Tai Chi Movement GLAR 10:00 BUS Nob Hill & CVS 1:00 Rosary CH 1:00 Mahjong Playing AR 1:00 Word Warp GLAR 1:30 BUS Walgreens 2:15 Movie GLAR	28 All Day Massages WC 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness OR 10:30 Women's Support CH 1:00 Bingo GLAR 3:00 Resident Mixer OR 7:00 BINGO OR	29 All day Massages WC 9:45 Current Events GLAR 10:00 BUS Lighthouse Walk 10:00 Meditation CH 11:00 Women's Bible Study PDR 11:15 Qi Gong OR 1:00 Rummikub GLAR 1:30 BUS GL Scenic Drive BG 2:00 Painting Class OR	KEY: GC - Garden Courtyard GLAR - Garden Lvl Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room	KEY: AR- Acorn Room LB - Library WC - Wellness Center PDR- Private Dining Room BG - Blue Gate