

November 2023 Activities

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|---|--|
| <p>NOTE!</p> <ul style="list-style-type: none"> New Events highlighted in Yellow For 11/8 Hearing Aid Check, call: 831-462-8260 |  | | <p>1 All Day GIVING TABLE AR</p> <p>All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p> | <p>2 All Day GIVING TABLE AR</p> <p>10:30 Britannia Arms Lunch</p> <p>10:00 Line Dancing OR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:30 Qi Gong OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Castle Drive Watsonville</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>3-5:30 Massages WC</p> <p>7:00 Fiat Musica Rehearsal OR</p> | <p>3 All Day GIVING TABLE AR</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:00 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along OR</p> <p>1:30 Pinochle - near D204</p> <p>3:00 Dance Workshop OR</p> <p>7:15 Weekend Movie OR</p> | <p>4</p> <p>11:00 Tai Chi Movement w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p> |
| <p>5</p> <p>10:30 Yoga / Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p> | <p>6</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Foreign Movie & discussion GLAR</p> <p>2:00 Meditation OR</p> <p>3:00 Physical Therapist Jason OR</p> <p>7:15 Current Events Discussion OR</p> | <p>7 10:00 Men's Bible Study CH</p> <p>10:00 Whole Foods/Rite Aid</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Dollar Tree/Target SV</p> | <p>8 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>2:00 Hearing Aid Check WC</p> <p>2:00 JUNEBUG Performs OR</p> <p>7:00 BINGO OR</p> | <p>9 10:00 BUS Scenic Drive</p> <p>10:00 Line Dancing OR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:30 Qi Gong OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 BUS Outing Surfer Museum</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>3-5:30 Massages WC</p> <p>7:00 Fiat Musica Rehearsal OR</p> | <p>10 Veterans Day</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Journaling GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:00 Veterans' Day Celebration & music by Joe Ferrara OR</p> <p>1:30 Pinochle - near D204</p> <p>3:00 Jewish Cultural Club CH</p> <p>7:15 Weekend Movie OR</p> | <p>11</p> <p>10:00 Parkinson's Support OR</p> <p>11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>2:00 Book Chats CH</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p> |
| <p>12</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 Richard Stauff Piano GLAR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p> | <p>13</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Foreign Movie & discussion GLAR</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p> | <p>14 10:00 Men's Bible Study CH</p> <p>10:00 BUS Trader Joes</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 BUS Capitola Mall</p> <p>1:30 Blood Pressure Check WC</p> | <p>15 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>2:30 Activity Forum OR</p> <p>3:00 Survival Stories OR</p> <p>7:00 BINGO OR</p> | <p>16 10:30 BUS Seymour & picnic</p> <p>10:00 Line Dancing OR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:30 Qi Gong OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>3-5:30 Massages WC</p> <p>7:00 Fiat Musica Rehearsal OR</p> | <p>17 9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along OR</p> <p>3:00 Dance Workshop OR</p> <p>7:15 Weekend Movie OR</p> | <p>18</p> <p>11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p> |
| <p>19</p> <p>10:00 BUS to OLLI</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p> | <p>20</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Foreign Movie & discussion GLAR</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p> | <p>21</p> <p>10:00 Men's Bible Study CH</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 Blood Pressure Check WC</p> | <p>22 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>2:00 Michael & Patti Perform! OR</p> <p>7:00 BINGO OR</p> | <p>23 Happy Thanksgiving!</p> <p>Thanksgiving Day Feast in the Dining Room</p> <p>11:00 Women's Bible Study PDR</p> <p>2:00 Sewing Circle - CH</p> | <p>24 9:15 Yoga w/Neal GLAR</p> <p>10:30 Journaling GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:30 Joe Ferrara OR</p> <p>3:00 JCC Secular Group CH</p> <p>7:15 Weekend Movie OR</p> | <p>25 11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>2:00 Book Chats CH</p> <p>1:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p> |
| <p>26</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 Episcopal Service CH</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p> | <p>27</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Foreign Movie & discussion GLAR</p> <p>2:00 Meditation OR</p> <p>7:15 Current Events Discussion OR</p> | <p>28 10:00 Men's Bible Study CH</p> <p>10:00 BUS Nob Hill & CVS</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS SC Mural Scenic Drive</p> <p>2:00 COMCAST Presentation OR</p> | <p>29 All day Massages WC</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>3:00 Resident Mixer OR</p> <p>7:00 BINGO OR</p> | <p>30 9:00 BUS Del Monte Ctr & Lunch</p> <p>10:00 Line Dancing OR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:30 Qi Gong OR</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p> <p>3-5:30 Massages WC</p> <p>7:00 Fiat Musica Rehearsal OR</p> | <p>KEY:</p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Lvl Activity Room</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p> | <p>KEY:</p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Room</p> |