

May 2023 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE!</p> <ul style="list-style-type: none"> All BUS trips require sign-up at Activity Desk in lobby <p>New Events or Time Changes highlighted in Yellow</p>	<p>1 All Day GIVING TABLE AR</p> <p>9:15 Yoga w/Annette GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Spanish PDR</p> <p>2:00 Meditation OR</p> <p>1:30 GL BUS (Meet at Blue Gate) Waddell Creek</p>	<p>2 All Day GIVING TABLE AR</p> <p>10:00 Men's Bible Study CH</p> <p>10:00 BUS to Trader Joe's & BBB</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 BUS Target/Dollar Tree SV</p> <p>1:30 Blood Pressure Check WC</p> <p>3:00 Spring Lake Choir OR</p>	<p>3 All Day GIVING TABLE AR</p> <p>9:15 Yoga w/Annette GLAR</p> <p>10:00 BUS Scenic Drive Los Gatos</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 BUS WALK Westlake Park</p> <p>2:30 Managers Forum OR</p> <p>7:00 BINGO OR</p>	<p>4</p> <p>10:00 Resident Council Open OR</p> <p>10:00 Creative Writing GLAR</p> <p>9:30 Sistine Chapel Exhibit San Jose</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Table Tennis TP</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p>	<p>5</p> <p>9:15 Yoga w/Annette GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Bridge AR</p> <p>12:30 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along OR</p> <p>7:15 Weekend Movie OR</p>	<p>6</p> <p>11:00 Tai Chi Movement w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Group Walk with Max -Lobby</p> <p>2:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>7</p> <p>10:00 BUS "A Spark of Art" Aptos</p> <p>10:30 Yoga CANCELED</p> <p>11:00 Pool Playing Group C3</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>8</p> <p>9:15 Yoga w/Annette GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Spanish PDR</p> <p>2:00 Meditation OR</p> <p>1:30 GL BUS (Meet at Blue Gate) Northern Beaches</p>	<p>9 10:00 Men's Bible Study CH</p> <p>10:00 BUS to Nob Hill & CVS</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:00 Joe Ferrara Guitar OR</p> <p>1:30 BUS Corralitos Meat Mkt</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 Blood Pressure Check WC</p>	<p>10</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive Empire Gr</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 BUS WALK Henry Cowell</p> <p>2:00 Hearing Aid Check WC</p> <p>2:30 Dining Forum OR</p> <p>7:00 BINGO OR</p>	<p>11</p> <p>10:00 BUS to UCSC Arboretum</p> <p>10:00 Creative Writing GLAR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Table Tennis TP</p> <p>2:00 BUS to Martinelli's</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p>	<p>12</p> <p>9:15 Yoga w/Neal GLAR</p> <p>11:00 Scamming Prevention OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Bridge AR</p> <p>1:30 Readers Theater OR</p> <p>3:00 Jewish Cultural Club OR</p> <p>7:15 Weekend Movie OR</p>	<p>13 11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Group Walk with Max -Lobby</p> <p>2:00 Book Chats CH</p> <p>2:00 Sofia Piano Concert OR</p> <p>2:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>14 <i>Mother's Day</i></p> <p>10:00 BUS Pigeon Point</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 WORD WARP OR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>15</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Spanish PDR</p> <p>2:00 Meditation OR</p> <p>1:30 GL BUS (Meet at Blue Gate) UCSC</p>	<p>16 10:00 Men's Bible Study CH</p> <p>10:00 BUS Whole Foods/ RiteAid</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Zentangles OR</p> <p>1:30 BUS Capitola Mall</p> <p>1:30 Blood Pressure Check WC</p>	<p>17 9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Dr N Redwoods</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 BUS WALK SC Wharf</p> <p>1:30 Activity Forum GC</p> <p>2:00 Joe Ferrara Guitar GC</p> <p>7:00 BINGO OR</p>	<p>18 10:00 BUS to Alladin Nursery</p> <p>10:00 Creative Writing GLAR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>12:00 Health Screening OR</p> <p>1:30 BUS to Gizdich</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p>	<p>19 9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Bridge AR</p> <p>12:30 Harmonics OR</p> <p>1:30 Ellen & Glen Sing Along OR</p> <p>7:15 Weekend Movie OR</p>	<p>20 11:00 Tai Chi Movement OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Group Walk with Max -Lobby</p> <p>1:30 Gemini Soul Quartet OR</p> <p>2:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>21</p> <p>9:30 BUS to OLLI at UCSC</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:30 Episcopal Service</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>22</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Spanish PDR</p> <p>2:00 Meditation OR</p> <p>1:30 GL BUS (Meet at Blue Gate) Lighthouses</p>	<p>23 10:00 Men's Bible Study CH</p> <p>10:00 BUS to Lucky's & RiteAid</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Bookmobile - Lobby</p> <p>1:30 BUS to Westlake Duck Park</p> <p>2:00 John Orlando Concert</p>	<p>24</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Dr Scotts Valley</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 BUS WALK SC Boardwalk</p> <p>2:00 Physical Therapist Jason Healing & Wellness OR</p> <p>7:00 BINGO OR</p>	<p>25</p> <p>10:30 BUS to Natural Bridges Park & BBQ on Beach</p> <p>10:00 Creative Writing GLAR</p> <p>11:00 Women's Bible Study PDR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 Table Tennis TP</p> <p>2:00 Painting Class OR</p> <p>2:00 Sewing Circle - CH</p>	<p>26</p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Chess Club LB</p> <p>1:30 Pinochle - near D204</p> <p>1:00 Bridge AR</p> <p>2:00 Jade Concert GC</p> <p>7:15 Weekend Movie OR</p>	<p>27</p> <p>11:00 Tai Chi w/Alison OR</p> <p>11:00 Table Tennis TP</p> <p>1:00 Creative Writing PDR</p> <p>1:30 Group Walk with Max -Lobby</p> <p>2:00 Book Chats CH</p> <p>2:30 Tech Assistance LB</p> <p>4:00 Catholic Mass OR</p> <p>7:15 Weekend Movie OR</p>
<p>28</p> <p>10:00 BUS Santa Cruz</p> <p>10:30 Yoga with Neal OR</p> <p>11:00 Pool Playing Group C3</p> <p>1:00 WORD WARP OR</p> <p>2:15 Weekend Movie OR</p> <p>All day Table Games AR</p> <p>All day Table Games TP</p>	<p>29 <i>Memorial Day</i></p> <p>9:15 Yoga w/Neal GLAR</p> <p>10:45 Annette's Fitness OR</p> <p>1:00 Catholic Bible Study CH</p> <p>1:00 Spanish PDR</p> <p>2:00 Meditation OR</p> <p>1:30 GL BUS Davenport</p>	<p>30 10:00 Men's Bible Study CH</p> <p>10:00 BUS to Trader Joe's & BBB</p> <p>11:00 Tai Chi Movement OR</p> <p>1:00 Mahjong Playing AR</p> <p>1:00 Rosary CH</p> <p>1:30 Blood Pressure Check WC</p> <p>1:30 BUS Target/Dollar Tree SV</p>	<p>31 9:15 Yoga w/Neal GLAR</p> <p>10:00 BUS Scenic Drive S Beaches</p> <p>10:30 Women's Support CH</p> <p>10:45 Annette's Fitness OR</p> <p>1:30 BUS WALK Scotts Valley</p> <p>3:00 Resident Mixer OR</p> <p>7:00 BINGO OR</p>	<p>KEY:</p> <p>GC - Garden Courtyard</p> <p>GLAR - Garden Lvl Activity Room</p> <p>TP - Thomas Patio</p> <p>CH - Chapel</p> <p>OR - Oaks Room</p>	<p>KEY:</p> <p>AR- Acorn Room</p> <p>LB - Library</p> <p>WC - Wellness Center</p> <p>PDR - Private Dining Room</p>	<p>NOTE!</p> <ul style="list-style-type: none"> All indoor activities subject to change due to Covid Regulations For 5/10 Hearing Aid Check, call: 831-462-8260