

# DOMINICAN OAKS

## COMMUNITY NEWSLETTER

SEPTEMBER 2022

### A MESSAGE FROM OUR ADMINISTRATOR

While September marks the return of Autumn for Santa Cruz, it also welcomes the return of our "Conversations" here at the Oaks. Conversations is an open forum for the residents to meet with Administration and Department Managers to hear what is going on in the community, to ask questions, and make suggestions.

In addition to monthly Conversations, a Dining Forum and Activities Forum have also been added to the calendar. These specialized open meetings are available for all residents to attend and allow department leaders to hear feedback directly on what is working well, and what needs some work. I look forward to hearing from you during these meetings and for the insights and ideas that these forums spark.

### HAWAIIAN DINNER

Chef Matt closes out summer with a culinary trip to the Hawaiian Islands. On Thursday, September 15th dinner will feature Hawaiian classics!



### POETRY AND ESSAY READING

A new Residents Open Poetry and Essay Reading will be hosted in the Oaks Room. Sign up with Annette to present your art or art you admire and wish to share.



### HAPPY HOUR

Marketing Department hosts the happy hour on Wednesday **September 28th from 3-4:30 PM.**

Join us on the Thomas Patio for a wine harvest themed celebration. It'll be a stompin' good time!!

**Support the local community and attend a concert by The Santa Cruz Symphony!**

The 2022 season has started and you can purchase tickets online at [santacruzsymphony.org](http://santacruzsymphony.org).

We encourage residents to carpool to concerts.

### GARDEN PARTY

The residents who lovingly tend our Community Garden would like to extend a heartfelt thank you to all of you who so generously donated in support of the garden. Your funds were used to purchase plants, fertilizer, and other garden needs.

We are happy to share that there will be a Garden Tea Party in September! While not everything will be in bloom, it still will be so enjoyable to show off our garden to you all and enjoy a tea together! Please save the date for our Garden Tea Party:  
**10:30am Tuesday September 13.**



# SEPTEMBER WILL BE STEINBECK MONTH



Sixty years ago, famed author John Steinbeck was awarded the Nobel Prize in Literature for his sympathetic humor and keen social perception. Our Dominican Oaks library now has two large-print copies of the classic "The Grapes of Wrath" and two copies of a collection of Steinbeck's short novels.

In September we will hold book chats discussing these works, and we will watch the filmed versions of several of Steinbeck's great works of American literature: The Grapes of Wrath, Of Mice and Men, and Cannery Row.

The month will culminate with a bus outing to the National Steinbeck Center in Salinas. Steinbeck received worldwide recognition for his keen observations and powerful description of the human condition. The Salinas valley is a location in which his characters frequently inhabited. What good fortune we have to live close enough to visit this nationally meaningful center!

## BUS OUTING: SEA GALLERY AND ABBOTT SQUARE

*Thursday, September 8th 10am- 3pm*

Join us for lunch in Abbott square where residents will purchase their own meals from a variety of markets including sushi, burgers, pizza, fried chicken, ice cream and a bakery. Following lunch we will walk across the street for a special artist presentation at the Sea Gallery which holds a collection of contemporary art from local artists.

## BUS OUTING: SEYMORE DISCOVERY CENTER AND BEACH PICNIC

*Thursday, September 22nd 10am - 3pm*

Seymore Discover Center is an interactive marine science museum & aquarium, with hands-on exhibits, a touch pool & a gift shop. A picnic pack lunch will follow on the beach.

# SEPTEMBER BIRTHDAYS

- 03 MARY CELESTINO
- 03 HILDA MURRAY
- 03 MARTHA PAYNE
- 04 CHARLES ERNEST
- 06 PHYLLIS MOLINARI
- 08 SR. NOREEN NOLAN
- 09 EVELYN JONES
- 10 MARY LAUT
- 10 PAT MALLOY
- 10 ROWLAND REBELE
- 11 JIM WILLIAMS
- 14 ELAINE CALLAHAN
- 14 BEVERLY VIGLIECCA
- 16 JOAN OSBORNE
- 17 CLAIRE TEDSEN
- 18 PEGGY KOTTMEIER
- 18 DOROTHY STEPHENSON
- 22 KIM FUDGE
- 22 BARBARA YOUNG
- 23 JOYAN SVANCARA
- 24 ALMA KOPECK
- 26 BETTY MATTHEWS
- 28 CAROL PAARMANN
- 30 JEAN PACHOLSKI

## *Anniversaries*

01 JACOB & HILA  
MICHAELSEN

10 AL & BARBARA STILES

Follow us on Social Media for community photos and updates!



Did you know we are on yelp?!  
If you have a moment, check us out!

DEPARTMENT  
MANAGERS  
831.462.6257

Administrator:  
Amy Saulnier

Activities:  
Annette Rau

Administrative Services:  
Brenda Barber

Assisted Living:  
Stacy Smith-Paynter, RN

Dining Services:  
Gerardo Piduca

Facilities & Housekeeping:  
Eric Botkin

Food Service:  
Chef Matt Mettalia

Marketing & Community  
Relations:  
Cheir Harty

# *New!* RESIDENT WELCOME BOARDS

We will be implementing a new resident welcome board located in the Library Lounge. We will be posting new resident photos and biographies throughout the year. Please check in periodically to meet your new neighbors. This board will also be the hub for all Resident Council News moving forward.



## *Have you had your water today?*

Staying hydrated is an important part of self care. It protects joints, energizes muscles, increases waste removal and increases circulation and nutrient absorption. Staying hydrated also prevents headaches, muscle cramps and kidney stones. Complimentary water stations are available outside the C wing Dining Room entrance as well as in the lobby. A heat wave is expected this upcoming week.

*Source: jessentialhealth.com*

## CORRALITOS MARKET TRIP

Corralitos market and Sausage Company is a local treasure and a must visit for any meat lover. Vegetarians can also delight in the excursion as the ride to Market heads through the beautiful Aptos Hills. The Market itself also sells local artisan products and wine. Two bus rides will be available in September. Please sign up at the Activities Desk.

## READERS CORNER



Those of you interested in using DVDs or Audio Tapes will be happy to know that they are all now available in one location. The DVDs on B1 have been joined by the Audio Tapes which had been crammed together in the Main Library. Both formats have been weeded and arranged neatly on easy to reach shelves. Lots of wonderful titles await you.

Those small paper trade books we have had trouble finding a place for now have a home. As you come off the C-D elevator on your way to one of the Garden Level programs you will notice a bookcase directly across the room. Feel free to borrow one of those easy to carry paperbacks. They are perfect for those trips to the doctor when you might have a long wait and need something to help pass the time.

Book Chats take place this month on August 13th and 27th in the Garden Courtyard. Hope to see you there. Dotty Lieber and Dottie Speidel have retired from the Library Committee and we thank them for all their work.

# MEET YOUR NEW NEIGHBORS

## BELLA NAVALTA

Elizabeth 'Bella' Navalta was born and raised in Salinas. She was a homemaker and her life revolved around her children Lisa and Larry. Her grandchildren Nick and Haley are the apples of her eye. She loves all of her family that are spread out throughout the state of California. She comes from a family of 8 children. A year after the passing of her husband of 57 years, Bella is excited to meet new friends at Dominican Oaks.

## SHARON BUSH

Sharon was born in Jamestown, ND and raised in Napa, CA. She has been a resident of Santa Cruz since 1971. She received her BA in Education from Sacramento State and taught locally at both Bayview and Westlake Elementary Schools. She loves to play bridge, walk, read and is a life long Giants fan. She is a proud mother of two boys, Nathan and Patrick and has 3 grandchildren.

## JOAN FISHER

Joan's father came to the US from Italy when he was 6 and later returned to marry her mother. Joan was the last child of 6 and born in Youngstown, Ohio. She went to college in Cleveland, Ohio studying and singing in the mezzo-soprano voice. She met her future husband there on a blind date and for 64 years, Bob was her one and only mate. She had 5 children, 1 girl and 4 boys. They all gave headaches but so much joy. Caring for them all made her a grateful homebody. She moves here to be close to her son, Toby. Through all the years, Bob believed moving was a grand adventure- this move will be the same she is sure! She loves to play bridge, sew, knit and read. She was once a Red Hat Lady and looks forward to meeting new people!

## JOANNA LEONARDS

Joe Anna Leonards was born in Canyon, Texas, but raised in Santa Monica, California. She graduated from Santa Monica High School and then pursued a career in art. She was an animator for Warner Brothers Studios as well as a commissioned artist who painted one of a kind illustrations of yachts and sailing vessels for the Southern California Elite. In addition, Joe Anna was an avid deep sea fisherman, restaurateur and pilot of a small aircraft. In an effort to be closer to her niece, nephew and their families, Joe Anna has relocated from Huntington Beach to Santa Cruz with her little dog, Schaffer. She loves arts, crafts, conversation and adventure!