

September 2022 Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>NOTE!</p> <ul style="list-style-type: none"> All indoor activities subject to change due to Covid Regulations For 9/14 Hearing Aid Check, call: 831-462-8260 	<p>NOTE!</p> <p>All BUS trips require sign-up at Activity Desk in lobby</p>			<p>1 All Day Resident Council Giving Table AR 10am-3pm Bus Outing: Beach Walk and Lunch 10:00 Table Tennis TP 2:00 Painting Class GC</p>	<p>2 Resident Council Giving Table AR 9:15 Yoga w/Neal GC 10:45 Neal (substitute) Fitness GC 1:00 Chess Club - TP 1:30 Pinochle - near D204 1:30 Ukulele Sing Along GC 2:00 Bridge OR 7:15 Weekend Movies OR</p>	<p>3 Resident Council Giving Table AR 10:15 Qi-Gong Video OR 11:00 Great Courses Video "Opera" OR 11:00 Table Tennis TP 4:00 Catholic Mass OR 7:15 Movie "Grapes of Wrath" OR</p>
<p>4 10:00 Yoga with Neal GC 2:00 Movie "Grapes of Wrath" OR 2:30 Creative Writing PDR All day Table Games AR All day Table Games TP Other Events TBD</p>	<p>5 Happy Labor Day! 9:15 Yoga w/Neal GLAR 10:45 Neal (substitute) Fitness GC 1:00 Catholic Bible Study CH 2:00 Meditation GC</p>	<p>6 10:00 Teen Tech Assistance LB 10:00 Men's Bible Study CH 10:00 BUS to Lucky's & RiteAid 11:00 Walk - Lobby 1:30 Parkinson's Support CH 1:30 BUS to Dollar Tree 1:30 Blood Pressure Check WC 3:30 Word Warp OR 3:40 Rosary CH</p>	<p>7 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness GC 1:00 Memoirs Group AR 1:00 Table Tennis TP 1:30 Spanish CH 2:30 Managers Conversation Forum OR 7:00 BINGO OR</p>	<p>8 10am-3pm Bus Outing: Curated by Sea Gallery & Abbott Square Lunch in Santa Cruz 10:00 Table Tennis TP 2:00 Painting Class GC</p>	<p>9 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Chess Club TP 1:30 Pinochle - near D204 1:30 Sing Along GC 2:00 Bridge OR 3:00 Jewish Cultural Club TP 7:15 Weekend Movies OR</p>	<p>10 10:15 Qi-Gong Video OR 11:00 Great Courses Video "Opera" OR 11:00 Table Tennis TP 2:30 Book Chats GC 4:00 Catholic Mass OR 7:15 Movie "Of Mice & Men" OR</p>
<p>11 10:00 Yoga with Neal GC 1:30 Episcopal Service - CH 2:00 Movie "Of Mice & Men" OR 2:30 Creative Writing PDR All day Table Games AR All day Table Games TP Other Events TBD</p>	<p>12 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Catholic Bible Study CH 2:00 Meditation GC</p>	<p>13 10:00 Teen Tech Assistance LB 10:00 Men's Bible Study CH 10:00 BUS to Nob Hill & CVS 10:30 Garden Tea Party-A3 1:30 Bookmobile - Lobby 1:30 BUS Corralitos Meat Market 1:30 Blood Pressure Check WC 3:40 Rosary CH</p>	<p>14 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:30 Jane Salm Service OR 10:45 Annette's Fitness GC 1:00 Memoirs Group AR 1:30 Spanish CH 2:00 Hearing Aid Check WC 2:30 Dining Forum OR 7:00 BINGO OR</p>	<p>15 10:00 Table Tennis TP 11:00 Walk - Lobby 2:00 Painting Class GC 4:45 Hawaiian Dinner Dining Room</p>	<p>16 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Chess Club TP 1:30 Pinochle - near D204 1:30 Sing Along GC 2:00 Bridge OR 3:00 Aztec Dancers GC 7:15 Weekend Movies OR</p>	<p>17 10:15 Qi-Gong Video OR 11:00 Great Courses Video "Opera" OR 11:00 Table Tennis TP 4:00 Catholic Mass OR 7:15 Movie "Cannery Row" OR</p>
<p>18 10:00 Yoga with Neal GC 2:00 Movie "Cannery Row" OR 2:30 Creative Writing PDR All day Table Games AR All day Table Games TP Other Events TBD</p>	<p>19 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Catholic Bible Study CH 2:00 Meditation GC 2:30 Poetry & Essay Reading OR</p>	<p>20 10:00 Teen Tech Assistance LB 10:00 Men's Bible Study CH 10:00 BUS Whole Food & RiteAid 11:00 Walk - Lobby 1:30 Parkinson's Support CH 1:30 BUS to Dollar Tree 1:30 Blood Pressure Check WC 3:30 Word Warp OR 3:40 Rosary CH</p>	<p>21 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness GC 12:00 New Resident Lunch PDR 1:00 Memoirs Group AR 1:30 Spanish CH 2:30 Activity Forum GC 7:00 BINGO OR</p>	<p>22 10am-3pm Bus Outing: Seymour Marine Discovery Center & Picnic Lunch by the Ocean 10:00 Table Tennis TP 1:00 Macular Degeneration Support CH 2:00 Painting Class GC</p>	<p>23 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Chess Club TP 1:30 Pinochle - near D204 1:30 Sing Along GC 2:00 Bridge OR 2:30 Jewish Cultural Club GC 7:15 Weekend Movies OR</p>	<p>24 10:15 Qi-Gong Video OR 11:00 Great Courses Video "Opera" OR 11:00 Table Tennis TP 2:30 Book Chats GC 4:00 Catholic Mass OR 7:15 Movie "Grapes of Wrath" OR</p>
<p>25 10:00 Yoga with Neal GC 2:00 Movie "Grapes of Wrath" OR 2:30 Creative Writing PDR All day Table Games AR All day Table Games TP Other Events TBD</p>	<p>26 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Catholic Bible Study CH 2:00 Meditation GC</p>	<p>27 10:00 Teen Tech Assistance LB 10:00 Men's Bible Study CH 10:00 BUS to Trader Joe's & BBB 11:00 Walk - Lobby 1:30 BUS Corralitos Meat Market 1:30 Blood Pressure Check WC 1:30 Bookmobile - Lobby 3:40 Rosary CH</p>	<p>28 9:15 Yoga w/Neal GLAR 10:30 Women's Support CH 10:45 Annette's Fitness GC 1:00 Memoirs Group AR 1:00 Table Tennis TP 1:30 Spanish CH 3:00 Marketing Happy Hour TP 7:00 BINGO OR</p>	<p>29 10am-4pm Bus Outing: National Steinbeck Center & Lunch 10:00 Table Tennis TP 2:00 Painting Class GC</p>	<p>30 9:15 Yoga w/Neal GLAR 10:45 Annette's Fitness GC 1:00 Chess Club TP 1:30 Pinochle - near D204 1:30 Sing Along GC 2:00 Bridge OR 7:15 Weekend Movies OR</p>	<p>KEY:</p> <p>GC - Garden Courtyard GLAR - Garden Level Activity Rm TP - Thomas Patio CH - Chapel OR - Oaks Room AR - Acorn Room LB - Library WC - Wellness Center PDR - Private Dining Room</p>