

DOMINICAN OAKS

COMMUNITY NEWSLETTER

AUGUST 2022

A MESSAGE FROM OUR ADMINISTRATOR

Hello All & Happy August,

Last month we hosted our first open forum Resident Council and it was a great chance to hear directly from you, the residents. I am excited to add several open forum meetings to the calendar for August including: Conversations, Activities Forum and a monthly Dining Meeting. All of these meetings are open to all residents to join and they allow Dominican Oaks management to hear directly from our residents. I look forward to attending these meetings, and I can't wait to hear from you!

With contagious COVID-19 variants on the rise, I continue to encourage residents to exercise caution. We recommend wearing a mask while in crowded public areas, participating in weekly COVID testings and refraining from group dining and activities when you are unwell. These precautions help protect fellow residents and allow group dining and activities to continue.

Stay well!
Amy Saulnier

CHESS CLUB UPDATE

In the interest of promoting CHESS as an activity at Dominican Oaks, residents Jim Waggoner and Robert Stoll have acquired a beautiful Chess set which they are donating to our Library for everyone's use.

We have a CHESS CLUB which meets every Friday at 1:30 PM on the Thomas Patio. Come join us and enjoy a game. If you don't play, but want to learn, Jim & Robert will be happy to teach you.



COVID TESTING SCHEDULE

Tues & Weds 10-11:30 AM

On Thomas Patio

AL residents door to door Mondays

Testing is not mandatory, however Dominican Oaks strongly suggest weekly testing for all residents. There is no charge for this service.

HAPPY HOUR IS BACK!

Join us Thursday, August 31st from 3 to 4:30 PM on the Thomas Patio for a Palm Springs themed SOCIAL HOUR hosted by the Marketing Department.



DEPARTMENT
MANAGERS
831.462.6257

Administrator:
Amy Saulnier

Activities:
Annette Rau

Administrative Services:
Brenda Barber

Assisted Living:
Stacy Smith-Paynter, RN

Dining Services:
Geraldo Piduca

Facilities & Housekeeping:
Eric Botkin

Food Service:
Chef Matt Mettalia

Marketing & Community
Relations:
Cheir Harty



FIRE SAFETY

As the Summer wanes to Fall, fire season approaches.

Dominican Oaks has several safety measures in place, however living in a community environment calls upon us all to ensure we remain safe. Below are a few reminders of community safety guidelines as well emergency preparation tips.

- Dominican Oaks is a smoke free community and smoking is prohibited in all areas of buildings including balconies and outdoor spaces
- Open flames are prohibited. No candles, incense, propane burners or BBQs permitted at any time.
- Personal heaters are not permitted on property.
- Avoid overloading circuits and remove any cords that are frayed or worn immediately.
- Keep a 12 inch clearance from your apartment wall heaters.
- Do not use or store any flammable agents including kerosene and gasoline.
- No live trees or greenery during the Holidays.
- Dispose of waste regularly keeping your apartment clear and with your apartment exit easy to navigate. Evacuation paths are located on the back of each apartment door.

- In case of an emergency, unless you are in imminent danger or the immediate destruction path, **STAY IN YOUR APARTMENT**. Your apartment doors are firesafe and provide additional protection. In addition, our staff can easily locate you by apartment and provide assistance evacuating.
- Have your emergency bag packed. Dominican Oaks provided a red emergency bag at move in, however you are welcome to use any easily transported bag you choose. A list of recommended items to pack can be obtained from the Front Desk.
- If you see any use of open flames, smoking, flammable agents being stored or any other fire safety concern, please notify Front Desk or a Manager. Any notifications will remain anonymous.



*Follow us on Social Media for community
photos and updates!*

Did you know we are on yelp?!

If you have a moment, check us out!



ACTIVITY HIGHLIGHTS

New Activities Manager, Annette, brings reaffirmed commitment to our active lifestyle community. Despite any fluctuations with COVID regulations it is Dominican Oaks intent to keep activities ongoing by offering as many outdoor activities as possible.

We have listened to you at the Activities Forums and are compiling and implementing many of your suggestions for future activities which includes a desire for more community outings, musical offerings and speaking events featuring UCSC professors, luminaries in the community, writers, artists and more. **Please note that these open activity forums will transition to a monthly basis starting August.**



Some fitness classes, Sing Along Group & Jewish Culture Club have time changes this month. **Please double check the calendar so you do not miss any of them!** Changes will help have a more consistent schedule moving forward.



Bingo is led by Shannon in the Garden Courtyard on Saturdays at 1pm, and led by Pete Molinari in the Oaks Room on Wednesdays at 7 PM.



Movies will be held on weekends as COVID regulations permit.

SUPPORT GROUPS

Dominican Oaks is committed to mental well being. We have started (or restarted) many resident-run support groups:

Macular Degeneration Support:

Thursdays at 1PM in the Acorn Room

Good Grief Widow & Widower Support:

Wednesdays at 1PM in the Acorn Room

Parkinson's Support:

1:30 PM Tuesdays, Thomas Patio

All activities scheduled indoors are subject to location change and/or cancellation based on COVID regulations at time of event. This will be communicated to you via memo.

Happy Birthday

02 Lynette Cofer

03 Rachel Lowe

04 Carol Gray

06 Patricia 'Pat' Booth

07 Dolores Crotta

07 Dottie Speidel

14 Lynn Herman

17 Nancy Talley

18 Donna Christerson

21 Phyllis Cytron

21 Joanne Grogan

22 Galen Wilcox

turning 101!

26 Jack Reed

27 Wilma Gawthrop

turning 101!

28 Jack Michaelson

31 Hila Michaelson

Anniversary

17 Phyllis & Pete

Molinari



Pictures above are from our July visit to Henry Cowell State Park. Attendees hiked for almost a mile under the giant redwoods and enjoyed a prepared pack lunch from Chef Matt.



We are excited to announce the new beverage station coming to Dominican Oaks lobby. The station will feature flavor infused water, coffee and tea as well as occasional pastries and will be located to the right of the mail room. Please help keep this new beverage area clear with a safe pathway by leaving walkers in your apartment when they are not needed on outings or store them in the Oaks Room if absolutely necessary.

RESIDENT COUNCIL :

Resident council is hosting 3 activities/events this month.

**Aug 1
All Day**

Giving Table

Please come to the “Giving Table” in the Acorn Room where residents can bring ANYTHING (except clothes or food) to give away. Please note this will be open to residents AND staff.

**Aug 1 & 2
All Day**

Lost and Found

A table in the Oaks Room will be dedicated to the community lost and found and will remain until August 3rd. Whatever is left over on Wednesday will be offered to residents and staff at no charge. Items left after Wednesday will be disposed of.

**Aug 15
1:30 PM**

Meet the Candidates

Resident council has 4 open positions. An open meeting is scheduled in the Oaks Room.

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