

# October Garden Level Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>All Activities Take place in Garden Level Activity Room unless otherwise noted</p>	<p>Oaks Room - OR Acorn Room - AR <b>Sign up Required (in Red)</b> Chapel - CH Wellness Center - WC Sports Courtyard –SC</p>	<p><u>Hearing Aid Check</u> <b>Wed Oct. 13 2:00 PM</b></p> <p><u>Call (831)462-8260</u> <u>To schedule</u></p> <p><u>Wellness Center</u> Across from D201</p>			<p>1 9:45 Exercise with Annette 1:00 Word Warp 2:30 Qi Gong</p>	<p>2 10:30 Qi Gong 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie</p>
<p>3 10:30 Qi Gong 1:00 Bingo 1:30 Zumba Exercise- OR 2:30 Coloring Group</p>	<p>4 9:45 Exercise with Annette 10:30 Annual Employee Appreciation Celebration - SC 1:00 Armchair Travels 2:30 Qi Gong</p>	<p>5 10:30 Qi Gong 1:00 Password Game 2:30 PBS Documentary 6:00 Movie</p>	<p>6 9:45 Exercise with Annette 10:30 Resident Support Group - AR 1:00 Bingo 1:30 Spanish Speaking Group AR 2:30 Qi Gong</p>	<p>7 10:30 Qi Gong 1:00 Sharing Memories with Fran 2:30 Let's Move 6:00 Movie</p>	<p>8 9:45 Exercise with Annette 1:00 Word Warp 2:30 Qi Gong</p>	<p>9 10:30 Qi Gong 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie</p>
<p>10 10:30 Qi Gong 1:00 Bingo 1:30 Zumba Exercise- OR 2:30 Let's Move</p>	<p>11 9:45 Exercise with Annette 1:00 Reminiscing Corner 2:30 Qi Gong</p>	<p>12 10:30 Qi Gong 1:00 Music Sharing 1:30 Book Mobile (outside of Of lobby) 2:30 PBS Documentary 6:00 Movie</p>	<p>13 9:45 Exercise with Annette 10:30 Resident Support Group - AR 1:00 Bingo 1:30 Spanish Speaking Group - CH <b>2:00 Hearing Aid Check—WC</b> 2:30 Qi Gong</p>	<p>14 10:30 Qi Gong 1:00 Sharing Memories with Fran 2:30 Let's Move</p>	<p>15 9:45 Exercise with Annette 1:00 Word Warp 4:00 Happy Hour - OR</p>	<p>16 10:00 David Field Performs - SC 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie</p>
<p>17 10:30 Qi Gong 1:00 Bingo 2:30 Password Game</p>	<p>18 9:45 Exercise with Annette 1:00 Armchair Travels 2:30 Qi Gong</p>	<p>19 10:30 Qi Gong 1:00 Art Project 6:00 Movie</p>	<p>20 9:45 Exercise with Annette 10:30 Resident Support Group - AR 1:00 Bingo 1:30 Spanish Speaking Group - AR 2:30 Qi Gong</p>	<p>21 10:30 Qi Gong 1:00 Sharing Memories with Fran 2:30 Let's Move 6:00 Movie</p>	<p>22 9:45 Exercise with Annette 1:00 Word Warp 2:30 Qi Gong</p>	<p>23 10:00 Nick Royal Performs 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie</p>
<p>24 10:30 Qi Gong 1:00 Bingo 1:30 Zumba Exercise - OR 2:30 Coloring Group</p> <hr/> <p>31 10:30 Qi Gong 1:00 Bingo 1:30 Zumba Exercise - OR 2:30 Halloween word games</p>	<p>25 9:45 Exercise with Annette <b>10:45 Conversations</b> 1:00 Reminiscing Corner 2:30 Qi Gong</p>	<p>26 <b>10:45 Conversations</b> 1:00 Word Warp 1:30 Book Mobile (outside of Of lobby) 2:30 PBS Documentary 6:00 Movie</p>	<p>27 9:45 Exercise with Annette 10:30 Resident Support Group - AR 1:00 Bingo 1:30 Spanish Speaking Group - AR 2:30 Qi Gong</p>	<p>28 <b>10:45 Conversations</b> 1:00 Sharing Memories with Fran 2:30 Qi Gong 6:00 Movie</p>	<p>29 9:45 Exercise with Annette 1:00 Qi Gong</p>	<p>30 10:00 Qi Gong 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie</p>