

August Garden Level Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:30 Episcopal Service OR 2:30 Bingo	2 10:30 Qi Gong 1:00 Armchair Travels 2:30 Let's Move	3 10:30 Qi Gong 1:00 Word Warp 2:30 Let's Move 6:00 Movie	4 10:30 Qi Gong 10:30 Resident Support Group - AR 1:00 Bingo 2:30 Let's Move	5 10:30 Qi Gong 1:00 Art Project 1:30 Book Mobile (outside of Of lobby) 2:30 Let's Move 6:00 Movie	6 9:45 Exercise with Annette 1:00 Word Warp 2:30 Qi Gong 6:00 Movie	7 10:30 Qi Gong 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie
8 10:30 Episcopal Service OR 2:30 Bingo	9 9:45 Exercise with Annette 1:00 Reminiscing Corner 2:30 Qi Gong	10 9:45 Exercise with Annette 1:00 Word Warp 2:30 Qi Gong	11 10:30 Qi Gong 10:30 Resident Support Group - AR 1:00 Bingo 2:30 Let's Move	12 10:30 Qi Gong 1:00 Password Game 2:00 Open Council Meeting - OR 6:00 Movie	13 10:30 Qi Gong 1:00 Word Warp 2:30 Let's Movie 6:00 Movie	14 10:30 Qi Gong 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie
15 10:30 Episcopal Service OR 2:30 Bingo	16 9:45 Exercise with Annette 1:00 Armchair Travels 2:30 Qi Gong	17 9:45 Exercise with Annette 1:00 Word Warp 1:30 Book Mobile (outside of Of lobby) 2:30 Qi Gong 6:00 Movie	18 10:30 Qi Gong 10:30 Resident Support Group - AR 1:00 Bingo 2:30 Let's Move	19 10:30 Qi Gong 1:00 Giant Crossword 2:30 Let's Move 6:00 Movie	20 9:45 Exercise with Annette 1:00 Word Warp 2:30 Qi Gong 4:00 Happy Hour—OR 6:00 Movie	21 10:30 Qi Gong 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie
22 10:30 Episcopal Service OR 2:30 Bingo	23 9:45 Exercise with Annette 1:00 Reminiscing Corner 2:30 Qi Gong	24 9:45 Exercise with Annette 1:00 Conversations 3:30 Rosary (in Chapel) 2:30 Word Warp 6:00 Movie	25 10:30 Qi Gong 10:30 Resident Support Group - AR 1:00 Bingo 2:30 Let's Move	26 10:30 Qi Gong 1:00 Word Warp 2:30 Let's Move 6:00 Movie	27 9:45 Exercise with Annette 1:00 Conversations 2:30 Qi Gong 4:00 Special Celebration Happy Hour—OR 6:00 Movie	28 10:00 David Field - SC 1:00 Bingo 4:00 Catholic Mass - OR 6:00 Movie
29 10:30 Episcopal Service OR 2:30 Bingo	30 9:45 Exercise with Annette 1:00 Conversations 2:30 Qi Gong	31 9:45 Exercise with Annette 1:00 Word Warp 1:30 Book Mobile (outside of Of lobby) 2:30 Qi Gong 6:00 Movie			All Activities Take place in Garden Level Activity Room unless otherwise noted	Oaks Room - OR Acorn Room - AR Sign up Required (in Red) Chapel - CH Wellness Center - WC Sports Courtyard –SC