



## Assisted Living Services

July 2021

The Basic Program is billed at a standard daily rate. Any Additional Services are customized per resident and billed at an additional daily rate.

### Dominican Oaks Standard Amenities

- Three Meals per Day
- Utilities & Basic Cable (except phone/internet)
- Emergency Call System
- 24-hour Staffing
- Wellness Program
- Apartment Home Maintenance
- Activities and Social Events
- Scheduled Transportation
- Weekly Limited Laundry Service
- Weekly Housekeeping

### Enhanced Services

#### Basic Program

- Care management by licensed nurse. Includes quarterly care conferences.
- Basic medication management: storing, dispensing, assisting, and supervising of prescriptions and over the counter (OTC) medications or supplements (consists of 1-10 prescribed or OTC medications and/or supplements).
- Two scheduled showers per week with assistance dressing and grooming following the shower.
- Bed making, trash emptying, and putting away clean laundry.
- Reminders for meals & activities.
- Arrangement of medical appointments, when necessary.
- Additional activities designed expressly for Assisted Living residents.

### Additional Services

#### Medical Services

- Extended medication management  
(Consists of 11-14 prescribed or OTC medications and/or supplements)
- Complicated medication management  
(Consists of 15 or more prescribed or OTC medications and/or supplements)
- Allowable health conditions (oxygen, nebulizer, etc.)
- Other health conditions (wound care, catheter, etc.)

#### Personal Care & Assistance Services

- Daily dressing and grooming  
(Includes clothing selection, set-up, laying out of clothing and grooming supplies: deodorant, lotion, and toothpaste)
- Hands on dressing and grooming  
(Includes clothing selection with application of undergarments, bra closer, shirt, pants, shoes, socks, sweater/jacket and incontinence products)
- Daily dependent dressing assistance (one care provider)  
(Resident cannot stand independently and requires balance assistance. Dressing is performed by staff for application of all clothing)

- Additional showers
- Assistance with transferring  
(Assistance with moving from bed to wheelchair/walker, toilet or chair/sofa)
- Routine bathroom assistance  
(Assistance lowering/raising clothing, changing protective garments, getting on/off toilet)
- Management of chronic incontinence  
(Routine schedule for toileting, personal hygiene care, changing of incontinence products, additional laundry and bathing as needed)
- Extensive staff assistance  
(Related to frequent calling, cueing, redirection, noncompliance and/or refusal of care)
- Nightly apartment checks (greater than twice per night)
- Management of bedside commode/bedpan/urinal

#### **Escort Service and Stand-by Assistance**

- Beauty shop & Assisted Living activities
- Breakfast only
- Lunch only
- Dinner only

#### **Other Services**

- Daily dishes
- Additional bag of laundry
- Extra housekeeping
- Medical visit escort

#### **Other Fees**

- Meal tray delivery to apartment
- Sick meal tray delivery to apartment - free of charge  
*(Includes clear broth, crackers, Jell-O, juice, and hot tea)*
- Use of preferred pharmacy other than PM services
- Processing for long-term care insurance
- Annual assessment (required for Independent residents)  
*(Includes evaluation to continue the ability to self-administer medication and a monthly apartment inspection to ensure safety and Title 22 compliance)*