Independent Community Activity Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oaks Room Acorn Room Sign up at Activity Desk Wellness Center				1 9:30am Chair Yoga 11:00am Let's Move 2:00pm Spring Watercolor 7:15pm Movie	2 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15 Movie	3 2:30 Bingo 7:15pm Movie
4 10:30am Episcopal Service Live Stream 1:00pm Qi Gong DVD 2:00pm Catholic Mass Live Stream 7:15pm Movie	5 9:30am Let's Move DVD 11:00am Chair Yoga DVD 3:30pm Word Warp 7:15pm Movie	6 9:30am Chair Yoga 11:00am Let's Move 3:30pm Bingo 7:15pm Movie	7 9:30am Let's Move 11:00am Chair Yoga 3:30pm Music Sharing 7:15pm Movie	8 9:30am Chair Yoga 11:00am Let's Move 3:30pm Bingo 7:15pm Movie	9 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15 Movie	10 2:30 Bingo 7:15pm Movie
11 10:30am Episcopal Service Live Stream 1:00pm Qi Gong DVD 2:00pm Catholic Mass Live Stream 7:15pm Movie	12 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15pm Movie	13 9:30am Chair Yoga 11:00am Let's Move 3:30pm Bingo 7:15pm Movie	14 9:30am Let's Move 11:00am Chair Yoga 3:30pm Password Game 7:15pm Movie	15 9:30am Chair Yoga 11:00am Let's Move 3:30pm Bingo 7:15pm Movie	16 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15 Movie	17 2:30 Bingo 7:15pm Movie
18 10:30am Episcopal Service Live Stream 1:00pm Qi Gong DVD 2:00pm Catholic Mass Live Stream 7:15pm Movie	19 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15pm Movie	20 9:30am Chair Yoga 11:00am Let's Move 2:00pm Flower Pot Painting 7:15pm Movie	21 9:30am Let's Move 11:00am Chair Yoga 3:30pm Music Sharing 7:15pm Movie	9:30am Chair Yoga 11:00am Let's Move 2:00 Giant Crossword 3:30pm Bingo 7:15pm Movie	23 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15 Movie	24 2:30 Bingo 7:15pm Movie
25 10:30am Episcopal Service Live Stream 1:00pm Qi Gong DVD 2:00pm Catholic Mass Live Stream 7:15pm Movie	26 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15pm Movie	27 9:30am Chair Yoga 11:00am Let's Move 2:00 News Currents 3:30pm Bingo 7:15pm Movie	28 9:30am Let's Move 11:00am Chair Yoga 3:30pm Password Game 7:15pm Movie	29 9:30am Chair Yoga 11:00am Let's Move 2:00 Giant Crossword 3:30pm Bingo 7:15pm Movie	30 9:30am Let's Move 11:00am Chair Yoga 3:30pm Word Warp 7:15 Movie	i i